

# Cancer In Adolescents And Young Adults Pediatric Oncology

Contemporary Issues in Head and Neck Cancer  
ManagementAn Analysis of Contemporary Social  
Welfare IssuesCoronavirus: A Book for  
ChildrenPediatric Oncology NursingIdentifying and  
Addressing the Needs of Adolescents and Young  
Adults with CancerPediatric Cancer SurvivorsTreating  
Complex Trauma in Adolescents and Young  
AdultsHealth Care for AdolescentsCancer and the  
AdolescentCancer in Adolescents and Young  
AdultsTumors in Adolescents and Young AdultsThyroid  
Cancer and Nuclear AccidentsMy Parent Has Cancer  
and It Really SucksThe Teenage BrainNever Let Me  
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### **Contemporary Issues in Head and Neck Cancer Management**

This book describes recent advances in translational research in breast cancer and presents emerging applications of this research that promise to have meaningful impacts on diagnosis and treatment. It introduces ideas and materials derived from the clinic that have been brought to "the bench" for basic research, as well as findings that have been applied back to "the bedside". Detailed attention is devoted to breast cancer biology and cell signaling pathways and to cancer stem cell and tumor heterogeneity in breast cancer. Various patient-derived research models are discussed, and a further focus is the role of biomarkers in precision medicine for breast cancer patients. Next-generation clinical research receives detailed attention, addressing the increasingly important role of big data in breast cancer research and a wide range of other emerging developments. An entire section is also devoted to the management of women with high-risk breast cancer. Translational

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Research in Breast Cancer will help clinicians and scientists to optimize their collaboration in order to achieve the common goal of conquering breast cancer.

### **An Analysis of Contemporary Social Welfare Issues**

This is the second edition of the only book to be devoted exclusively to the total cancer picture in adolescents and young adults (AYA), now expanded from the age range 15-29 to that of 15-39 years. For each of the diverse spectrum of cancers encountered in the AYA group, the epidemiology, natural progression, diagnostic approaches, and treatment options are described, with special emphasis on strategies for early detection and prevention. Comparison is made with management of both younger and older patients, and model programs are presented that address common diagnostic, staging, treatment, and psychosocial shortcomings in the AYA group. Detailed attention is also paid to principles and practices of care, with consideration of psychosocial and quality of life issues, social support systems, rehabilitation, late effects, insurance, and economic aspects of health care, among other topics. The authors make compelling arguments for integrated strategies that allow young adults to benefit from the combined expertise of pediatric and adult oncologists in systems that identify both the complex disease and the social issues specific to this population. The proposed models of care include relationships with other specialties that do not specifically target this

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age group, i.e., infectious disease, endocrinology, pulmonary medicine, nephrology, gastroenterology, thoracic and abdominal surgery, urology, otolaryngology, and neurosurgery. New patterns of communication are advocated and endorsed as essential for productive interaction involving these specialties. References are extensive and are oriented toward users in pediatric hematology-oncology, medical oncology, radiation oncology, surgical oncology, gynecologic oncology, oncology nursing, psycho-oncology, social work, epidemiology, public health and health services research. The contributing authors are from the United States, the United Kingdom, Canada, Italy, France, Israel, Switzerland and Australia, Germany, Japan and the Netherlands.

### **Coronavirus: A Book for Children**

"This book, while conceived as a professional volume, can be used in a variety of courses. This book covers areas such as symptoms of trauma, how to assess and plan treatment, how to educate adolescents about their trauma, and how to intervene with family and in group therapy. It contains a variety of cases for illustrative purposes"--Provided by publisher.

### **Pediatric Oncology Nursing**

The first edition of the Textbook of Clinical Neuropsychology set a new standard in the field in its scope, breadth, and scholarship. The second edition comprises authoritative chapters that will both

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enlighten and challenge readers from across allied fields of neuroscience, whether novice, mid-level, or senior-level professionals. It will familiarize the young trainee through to the accomplished professional with fundamentals of the science of neuropsychology and its vast body of research, considering the field's historical underpinnings, its evolving practice and research methods, the application of science to informed practice, and recent developments and relevant cutting edge work. Its precise commentary recognizes obstacles that remain in our clinical and research endeavors and emphasizes the prolific innovations in interventional techniques that serve the field's ultimate aim: to better understand brain-behavior relationships and facilitate adaptive functional competence in patients. The second edition contains 50 new and completely revised chapters written by some of the profession's most recognized and prominent scholar-clinicians, broadening the scope of coverage of the ever expanding field of neuropsychology and its relationship to related neuroscience and psychological practice domains. It is a natural evolution of what has become a comprehensive reference textbook for neuropsychology practitioners.

### **Identifying and Addressing the Needs of Adolescents and Young Adults with Cancer**

While the management of head and neck cancer has evolved over the last few decades, there are still several challenges and unanswered questions that

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need solutions. This book is a small compilation of some topical aspects regarding head and neck cancer treatment, including the etiology of HPV-positive oropharyngeal cancers and risk factors in the young population, the challenge of surgical margin definition and the perennial problem of systemic treatment due to distant metastases. Radiobiological aspects are also covered through the Rs of radiotherapy, with a couple of chapters being dedicated to radioresistance and tumour microenvironment. Contemporary Issues in Head and Neck Cancer Management comes as an addition to the existing literature that aims to tackle this radiobiologically challenging tumour.

### **Pediatric Cancer Survivors**

Reproductive medicine is a growing field with new technology emerging faster than we can assess consumer's perceptions of -the number of cancer survivors are growing and there is a great need to attend to their quality of life-this book addresses the needs of males and females, identifies effective communication strategies and proactive measures for health care professionals and researchers to use as well as identifying gaps in the literature where more research is needed.

### **Treating Complex Trauma in Adolescents and Young Adults**

The field of adolescents and young adult (AYA) oncology is experiencing a very challenging time. This book is a guide to the key issues for any clinician and

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health professional managing AYA with cancer in Europe. Emphasis is on collaboration between adult and pediatric specialists. Authors present their perception of the current state of the most prominent primary issues in AYA oncology. Chapters cover cross-cutting issues such as disease epidemiology, systems of care, access to innovative therapy and late effects of treatment and survivorship for AYA-onset cancers. There are discussions of the latest developments and the most important cancer types for AYA, including the shared perspectives of adult and pediatric specialists. Throughout the book recurrent challenges to the AYA community are exposed and solutions proposed. Tumors in Adolescents and Young Adults is highly recommended to any oncologist or haematologist treating patients aged 15 to 39 diagnosed with cancer. It will also be of interest to other members of the multidisciplinary teams involved with this patient group.

### **Health Care for Adolescents**

This concise guide takes a practical approach to adolescent and young adult (AYA) rheumatology, aiming to cover the needs of any healthcare professional dealing with young people aged 10-24 years. Each chapter contains key management points for readers to readily access disease-specific management as well as highlighting specific AYA issues which differ from pediatric and adult practice. The coverage is comprehensive but concise and designed to act as a primary reference tool for subjects across the field of rheumatology. The book is

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designed for pediatric/adult rheumatologists, primary care physicians, nurses, allied health professionals and other professionals to understand each topic covered and to take a practical approach to delivering developmentally appropriate rheumatology health care.

## **Cancer and the Adolescent**

Cancer in Adolescents and Young Adults is a practical guide to cancer care in adolescents and young adults. It considers the impact of diagnosis on individuals, and their families, as well as examining the impact on the health professionals responsible for their care. There are sections focussing on the adolescent's experience of cancer and ongoing care needs during treatment, and on life after cancer, including rehabilitation and palliative care. • Builds on the forthcoming NICE guidelines on Supportive Cancer Care for Children & Young People, and recent Department of Health guidelines & policy initiatives • Adopts an integrated inter-professional approach • Contains evidence-based contributions from leading professionals in cancer care

Cancer in Adolescents and Young Adults is an essential resource for all those involved with the provision of care and support for adolescents and young adults with cancer. About the Editors: Dr Daniel Kelly is Reader in Cancer & Palliative Care, Middlesex University, London. Dr Faith Gibson is Senior Lecturer in Children's Nursing Research, Institute of Child Health, Great Ormond Street Hospital and King's College London.

## **Cancer in Adolescents and Young Adults**

When Your Parent Has Cancer: A Guide for Teens, National Institutes of Health Publication 12-5724: If your mom, dad, or an adult close to you has cancer, this book is for you. Here you can read about what has helped other teens get through this tough time. Doctors, nurses, social workers, friends, and family are working hard to help your mom or dad get better. You are a very important part of that team, too. In the weeks and months ahead, you may feel a whole range of emotions. Some days will be good, and things might seem like they used to. Other days may be harder. This book can help prepare you for some of the things you might face. It can also help you learn to handle living with a parent or relative who has cancer. This book includes information about cancer treatments, ways teens can talk to family and friends, how to connect with other teens, and where to find other resources for information and support. It includes a glossary of cancer terms and appendices explaining monitoring tests and member of the cancer team.~

## **Tumors in Adolescents and Young Adults**

This text provides a state-of-the-art overview on Non-Hodgkin's lymphoma (NHL) in children and adolescents. The volume is divided into seven sections, each of which focuses on a critical component of pediatric NHL, including history and epidemiology, pathology and molecular biology, disease evaluation and response, common and rare

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sub-types of NHL, and current and novel treatment strategies. The text also comprehensively reviews the late effects of treatment, quality of patient life, and NHL treatment in countries with limited resources. Written by experts in the field, *Non-Hodgkin's Lymphoma in Childhood and Adolescence* is a valuable resource for clinicians and practitioners who treat children and adolescents with NHL.

### **Thyroid Cancer and Nuclear Accidents**

What is the coronavirus, and why is everyone talking about it? Engagingly illustrated by Axel Scheffler, this approachable and timely book helps answer these questions and many more, providing children aged 5-10 and their parents with clear and accessible explanations about the coronavirus and its effects - both from a health perspective and the impact it has on a family's day-to-day life. With input from expert consultant Professor Graham Medley of the London School of Hygiene & Tropical Medicine, as well as advice from teachers and child psychologists, this is a practical and informative resource to help explain the changes we are currently all experiencing. The book is free to read and download, but Nosy Crow would like to encourage readers, should they feel in a position to, to make a donation to:

<https://www.nhscharitiestogether.co.uk/>

### **My Parent Has Cancer and It Really Sucks**

A diagnosis of cancer is devastating at any age. For

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teenagers and young adults, it presents a unique challenge both socially and emotionally. You strive for independence, but cancer leaves you completely dependent on those around you. At an age when you want nothing but to be with your peers, isolation resulting from a compromised immune system leaves you starving for social contact. When you should be able to start setting goals for the future, you are confronted with the possibility of having no future at all. This all makes staying positive very difficult. Through her own experiences as a two-time cancer survivor, and previous teen cancer patient who faced a forty percent chance of survival, Clarissa Schilstra has learned a great deal about all of these challenges and how to cope with them. In the pages of this book, she shares those stories and strategies, in an effort to provide a guide through the emotional roller coaster that is cancer treatment and life as a cancer survivor. A foreword by Lori Wiener, PhD, DCSW, FAPOS is included.

### **The Teenage Brain**

This is the first book to be devoted exclusively to rare tumors in children and adolescents, and its aim is to provide up-to-date information on their diagnosis and clinical management. The opening section addresses general issues including epidemiology, risk factors/etiology, biology and genetics, early detection, and screening. It also discusses solutions to assist in the management of rare tumors, such as international networking and internet platforms. In the second section, specific malignancies are described, with

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practical guidance on diagnostic workup, multimodal therapy, follow-up, and adverse effects. Discussion of differential diagnosis encompasses both frequent and rare tumor types, which should enable the clinician to take rare entities into account during the diagnostic assessment. Each chapter goes on to provide detailed therapeutic guidelines for specific rare tumors. The authors are a multidisciplinary group of specialists who have dedicated themselves to this group of tumors.

### **Never Let Me Go**

Thyroid Cancer and Nuclear Accidents: Long-Term Aftereffects of Chernobyl and Fukushima discusses the radiobiological effects of the release of radioiodine from two nuclear power plant accidents and appropriate interpretation of the results of thyroid ultrasound examination. The book pulls together expert opinion on radiation related thyroid cancer in an understandable manner, even for non thyroidologists. The book explains what has been learned from both accidents in relation to prevention of thyroid cancer following nuclear power plant accidents. The book encompasses topics such as risk estimations of thyroid cancer following nuclear accidents and clinical aspects after those specific situations. Additionally, it discusses in detail the reports from Fukushima related to thyroid cancer in the population. This book is a valuable resource for oncologists and biomedical researchers with interest in nuclear accidents and cancer cases. Offers an overview of the major cancer reports from the

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Chernobyl and Fukushima disasters Encompasses authoritative data and interpretation of the thyroid screening program in Japan Presents the content in a didactic way to help readers interpret and explain the topic to non-experts Discusses risk estimations of thyroid cancer following nuclear accidents

### **Non-Melanoma Skin Cancer and Cutaneous Melanoma**

### **Meeting the Need for Psychosocial Care in Young Adults with Cancer**

This book discusses the most important practical aspects involved in providing multidisciplinary Adolescent and Young Adult (AYA) services for cancer patients. It draws on international experience in several continents of establishing and running such services and provides a contemporary, practical approach to AYA care based on accumulated experience. It is of interest to those establishing or seeking to improve AYA services as well as those already caring for AYA cancer patients. Among topics discussed are incidence trends and treatment pathways, access to clinical trials for adolescents, transition from pediatric to adult services, psychological support and social care as well as survivorship and fertility. This book is of value of those establishing new services, those developing an existing service and those whose work includes the care of AYA patients. It is an important companion for pediatricians, oncologists as well as other medical,

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nursing and allied health professionals caring for Adolescents and Young Adults with cancer.

### **Non-Hodgkin's Lymphoma in Childhood and Adolescence**

Young people with cancer have suffered from not being recognized as either children or adult patients. The lack of an adequate number of centres, properly equipped for teenage cancer care, is acknowledged worldwide. Yet their needs, both physically and psychologically, are perhaps the most acute of all. Now, this book, based on an international conference hosted by the Teenage Cancer Trust, addresses the issues surrounding care of the adolescent with cancer more completely than ever before. Some chapters provide practical information from leading specialists on managing and treating the specific tumours affecting this group whilst others present discussions by psychologists, nurses and other healthcare professionals on the many lifestyle issues that confront teenagers with cancer. Finally and maybe, most importantly, contributions from patients and carers give an insight into what it feels like to have the disease while growing into adulthood. With its insight into the problems, and guidance on best practice, this book will be welcomed by all professionals and carers who work with young people with cancer.

### **When Blood Breaks Down**

Public health has been defined as the efforts of a

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community that allow a population to remain healthy. This definition is very inclusive, so elements of clinical care, health promotion and many other fields contribute to the larger discipline of public health. The profession has evolved in recent years, with the emphasis in the developed world changing from the hygiene method for control of infectious diseases to a more complex approach to address chronic disease. However, the focus in public health continues to be the population. This book provides a sample of fields that contribute to the public health profession. Its broad approach provides examples of the core fields of public health, including environmental health, epidemiology, biostatistics, health administration, and health behavior.

### **Cancer Care for Adolescents and Young Adults**

This book offers a sharp critique and a detailed analysis of some pernicious social welfare problems and the wide-ranging causes and consequences of those complex social issues on individuals, families, and communities. Unemployment, health-care disparities, teenage pregnancy, and intimate partner violence constitute the focus of this work. Based on empirical and historical analyses of primary and secondary data, the book provides a conceptual framework that facilitates the reader's understanding of how those social issues are interrelated. Each chapter offers some clear policy recommendations directed to address those social problems. Written by well-published scholars, this work will be of great

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interest not only to students majoring in the social and political sciences but also to academics and practitioners active in the field of social welfare, social policy, and social work.

### **Reproductive Health and Cancer in Adolescents and Young Adults**

This book describes and illustrates the reconstructive surgical techniques appropriate in patients with skin cancer and melanoma, according to anatomic region, with a view to enabling readers to perform these techniques optimally. An extensive introductory section discusses skin cancer and melanoma from the points of view of dermatology, oncology, pathology, radiotherapy, nuclear medicine, and plastic and reconstructive surgery. The surgical treatment and reconstruction of localized skin cancer and melanoma in each anatomic region are then explained step by step with the aid of a wealth of color photos. The final section similarly presents the techniques and procedures appropriate for the surgical treatment and reconstruction of lymph node metastases, covering the sentinel node, lymphadenectomy, and lymphedema. This book will be immensely valuable for plastic and general surgeons, and also of interest for dermatologists, pathologists, oncologists, and nuclear medicine physicians.

### **Adherence and Self-Management in Pediatric Populations**

The field of adolescents and young adult (AYA)

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oncology is experiencing a very challenging time. This book is a guide to the key issues for any clinician and health professional managing AYA with cancer in Europe. Emphasis is on collaboration between adult and pediatric specialists. Authors present their perception of the current state of the most prominent primary issues in AYA oncology. Chapters cover cross-cutting issues such as disease epidemiology, systems of care, access to innovative therapy and late effects of treatment and survivorship for AYA-onset cancers. There are discussions of the latest developments and the most important cancer types for AYA, including the shared perspectives of adult and pediatric specialists. Throughout the book recurrent challenges to the AYA community are exposed and solutions proposed. Tumors in Adolescents and Young Adults is highly recommended to any oncologist or haematologist treating patients aged 15 to 39 diagnosed with cancer. It will also be of interest to other members of the multidisciplinary teams involved with this patient group.

### **NCCN Guidelines for Patients® Adolescents and Young Adults with Cancer**

This book presents the current state of the nursing science in topics relevant to the care of pediatric oncology patients and their families across the treatment trajectory and is framed within a precision health framework. The spectrum of topics covered is wide, including, for example, symptom management, self-care management, exercise and physical activity,

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family-centered care, palliative care, the role of the nurse in treatment decision making, patient and nurse resiliency, survivorship, and genetic counseling. Throughout, there is a focus on the implications of research for nursing practice, highlighting which elements of the available evidence are ready for translation into practice and which are not. In addition, careful attention is paid to the role that nursing can play in further advancing science through clinical research. The authors are leading experts from across the globe. The book will be of special interest for pediatric oncology nurses, including direct care nurses, research nurses, and nursing leaders, and will also be a stimulating source for researchers and non-oncology nurses.

### **Cancer in Adolescents and Young Adults**

The ultimate girlfriends guide to kicking cancer's tail. Part memoir, part tips, tricks and secrets, this handbook will educate you and make you feel like you're not alone. The Learning Channel broadcast the premiere of Carr's unforgettable documentary, Crazy Sexy Cancer on August 29, 2007.

### **Riding the Cancer Coaster**

This book describes and explains how caring for adolescents and young adults with cancer (AYA) has developed into what is now a recognized and distinct field of nursing practice. It captures current innovative nursing practices and interventions which have developed over the past 25 years across the

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globe and are supported by research and evidence achieved in many European and international oncology settings. By outlining and describing educational needs of the AYA cancer nursing profession, this book supports its education and professional development for the nursing profession and serves to develop and disseminate nurses' competencies worldwide. During the last decade, AYA have gained increased attention in healthcare. Today, it is recognized that AYA with cancer have distinct needs that are different to both children and older adults. Young people are in a unique developmental and transitional phase of their lives; thus, their treatment, perspectives and experiences have been addressed in research and the body of knowledge is growing accordingly. Some books are available that describe AYA cancer care, service delivery and aspects of age appropriate care but this volume will be the first to focus on how nurses contribute to AYA cancer care in practice. It will appeal to the AYA clinical nurses in cancer care, as well as to multidisciplinary healthcare professionals and healthcare professionals who support formal nursing education programmes, training and development in practice.

### **Late Treatment Effects and Cancer Survivor Care in the Young**

A book teens can count on when cancer strikes a family member.

### **Textbook of Clinical Neuropsychology**

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This is the first comprehensive book devoted exclusively to cancer in adolescents and young adults. It compiles medical, epidemiological, biological, psychological, and emotional issues of young adults' oncology. The emphasis is on the differences of the "same" cancer in younger and older patients. Model programs specially designed to care for patients in the age group and surveillance of long-term adverse effects are reviewed.

### **Cancer Care for Adolescents and Young Adults**

This resource, developed by the ACOG Committee on Adolescent Health Care, includes valuable information on the provision of health care to adolescent patients. Topics include primary care for adolescent females, confidentiality in adolescent health care, contraceptive issues, sexually transmitted disease screening, eating disorders, and suicide prevention.

### **Crazy Sexy Cancer Tips**

Pediatric cancer develops in 1 to 500 children. Typically, the type of cancers that develop in children is different than those that develop in adults, in that they are often the result of a DNA mutation rather than environmental or lifestyle risk factors. Leukemia, brain and central nervous system tumors, and neuroblastomas are the most common cancer types in child populations. Children tend to respond better to anticancer treatments, including chemotherapy and radiation. However, long-term side effects are

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common in children, often requiring follow-up care and lifestyle intervention for the rest of their lives. The percentage of 5-year survivors was over 50% for the most common cancers. This suggests that a majority of cancers in this population are highly survivable. As such, research should focus on aspects of survivorship for these individuals. This book will explore issues related to pediatric cancer and their associated treatments.

### **Cancer in Adolescents and Young Adults**

Adherence and Self-Management in Pediatric Populations addresses the contemporary theories, evidence-based assessments, and intervention approaches for common pediatric chronic illnesses. An introductory chapter summarizes the state of the field and provides a general foundation in adherence and self-management. Subsequent chapters focus on specific diseases, ensuring that the scope of knowledge contained therein is current and thorough, especially as the assessments and interventions can be specific to each disease. Case examples are included within each chapter to illustrate the application of these approaches. The book ends with an emerging areas chapter to illuminate the future of adherence science and clinical work. This book will be extremely helpful to professionals beginning to treat youth with suboptimal adherence or for those who conduct adherence research. Experts in the field will benefit from the synthesized literature to aid in clinical decision-making and advancing adherence science. Organized by disease for quick reference

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Provides case examples to illustrate concepts  
Incorporates technology-focused measurement and intervention approaches (mobile and electronic health) throughout

### **Nursing Adolescents and Young Adults with Cancer**

[OFFICIAL CURRENT VERSION] From the National Comprehensive Cancer Network® (NCCN®), comes this essential guide to Adolescents and Young Adults with Cancer. Adapted from clinical treatment guidelines used by physicians and oncology professionals around the world, these NCCN Guidelines for Patients® are packed with the latest information, treatment innovations, and resources. Each patient-friendly chapter prepares patients and caregivers to talk with their doctors and make treatment decisions. Let this authoritative handbook be your guide!

Part 1 - Adolescent & young adult cancer  
Part 2 - Cancer diagnosis  
Part 3 - Fertility  
Part 4 - Treatment process  
Part 5 - Treatment options  
Part 6 - After treatment  
Part 7 - Care planning  
Part 8 - Resources

A full list of words to know completes this book.

### **Topics in Public Health**

APON's definitive work on the supportive care of children and adolescents with cancer provides an up-to-date, chapter-by-chapter assessment of common and rare diseases and their treatments. Important information on adolescents is now interspersed

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throughout the new edition, highlighting crucial differences in the care provided to this special population. New case studies with portraits of the patient have been included in each disease chapter to keep the focus on personalized care of the child. This new edition also includes Internet resources, a research mega-table listing three decades-worth of nursing studies in pediatric oncology, completely updated pharmacology tables, and new chapters on Surgery, Oncological Emergencies, Complementary and Alternative Therapies, Home Care, Palliative Care, Research, and Ethical Issues Chapter 1, History, Issues, and Trends, highlights milestones in paediatric oncology nursing 120 illustrations and photographs provide visual reinforcement of issues and diseases discussed This text is endorsed the Association of Paediatric Oncology Nurses (APON), and edited and written by the foremost experts in the field - Case studies open each chapter in Part Four: Diseases, and include a photograph of the child or adolescent discussed therein - Chapters on Surgery, Oncological Emergencies, Complementary and Alternative Therapies, Home Care, Palliative Care, Research, and Ethical Issues - Web resources have been included where relevant to broaden the reader's access to the most current childhood cancer information - Research chapter contains a mega-table which lists the types of studies completed by paediatric oncology nurses in the last three decades. In it, the author(s), source, purpose, design/method, and findings are discussed. Completely updated pharmacological tables present new and common treatment modalities

## **Adolescent and Young Adult Rheumatology In Clinical Practice**

Cancer in Adolescents and Young Adults is a practical guide to cancer care in adolescents and young adults. It considers the impact of diagnosis on individuals, and their families, as well as examining the impact on the health professionals responsible for their care.

There are sections focussing on the adolescent's experience of cancer and ongoing care needs during treatment, and on life after cancer, including rehabilitation and palliative care. • Builds on the forthcoming NICE guidelines on Supportive Cancer Care for Children & Young People, and recent Department of Health guidelines & policy initiatives • Adopts an integrated inter-professional approach • Contains evidence-based contributions from leading professionals in cancer care

Cancer in Adolescents and Young Adults is an essential resource for all those involved with the provision of care and support for adolescents and young adults with cancer. About the Editors: Dr Daniel Kelly is Reader in Cancer & Palliative Care, Middlesex University, London. Dr Faith Gibson is Senior Lecturer in Children's Nursing Research, Institute of Child Health, Great Ormond Street Hospital and King's College London.

## **Nursing Care of Children and Adolescents with Cancer**

A leading cancer specialist tells the compelling stories of three adult leukemia patients and their treatments, the disease itself, and the drugs developed to treat it.

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When you are told that you have leukemia, your world stops. Your brain can't function. You are asked to make decisions about treatment almost immediately, when you are not in your right mind. And yet you pull yourself together and start asking questions. Beside you is your doctor, whose job it is to solve the awful puzzle of bone marrow gone wrong. The two of you are in it together. In *When Blood Breaks Down*, Mikkael Sekeres, a leading cancer specialist, takes readers on the journey that patient and doctor travel together. Sekeres, who writes regularly for the Well section of the *New York Times*, tells the compelling stories of three people who receive diagnoses of adult leukemia within hours of each other: Joan, a 48-year-old surgical nurse, a caregiver who becomes a patient; David, a 68-year-old former factory worker who bows to his family's wishes and pursues the most aggressive treatment; and Sarah, a 36-year-old pregnant woman who must decide whether to undergo chemotherapy and put her fetus at risk. We join the intimacy of the conversations Sekeres has with his patients, and watch as he teaches trainees. Along the way, Sekeres also explores leukemia in its different forms and the development of drugs to treat it—describing, among many other fascinating details, the invention of the bone marrow transplant (first performed experimentally on beagles) and a treatment that targets the genetics of leukemia. The lessons to be learned from leukemia, Sekeres shows, are not merely medical; they teach us about courage and grace and defying the odds.

### **When Your Parent Has Cancer**

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Meeting the Need for Psychosocial Care in Young Adults With Cancer describes what is known about the psychosocial needs of young adults with cancer and addresses how healthcare professionals can help them overcome the challenges of cancer at this stage of life. It is designed to help the multidisciplinary team delivering medical, nursing, and psychosocial care for these young people provide comprehensive, evidence-based care that takes into account their unique needs and stage of life.

### **Tumors in Adolescents and Young Adults**

This is the first comprehensive book devoted exclusively to cancer in adolescents and young adults. It compiles medical, epidemiological, biological, psychological, and emotional issues of young adults' oncology. The emphasis is on the differences of the "same" cancer in younger and older patients. Model programs specially designed to care for patients in the age group and surveillance of long-term adverse effects are reviewed.

### **Translational Research in Breast Cancer**

ADHD in children and adolescents is a neurodevelopmental disorder, which is recognized by the clinicians all over the world. ADHD is a clinical diagnosis based on reliable history, reports from home and school and a physical examination to rule out any other underlying medical conditions. ADHD can cause low self-esteem in the child and impair quality of life for the child and the family. It is known

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that ADHD is a chronic illness and that clinicians needed to use chronic illness principles in treating it. The last 10 years have seen an increase in the number of medications that have been approved for the treatment of ADHD. This book has tried to address some of the issues in ADHD.

### **A Practical Approach to the Care of Adolescents and Young Adults with Cancer**

From the Booker Prize-winning author of *The Remains of the Day* and *When We Were Orphans*, comes an unforgettable edge-of-your-seat mystery that is at once heartbreakingly tender and morally courageous about what it means to be human. Hailsham seems like a pleasant English boarding school, far from the influences of the city. Its students are well tended and supported, trained in art and literature, and become just the sort of people the world wants them to be. But, curiously, they are taught nothing of the outside world and are allowed little contact with it. Within the grounds of Hailsham, Kathy grows from schoolgirl to young woman, but it's only when she and her friends Ruth and Tommy leave the safe grounds of the school (as they always knew they would) that they realize the full truth of what Hailsham is. *Never Let Me Go* breaks through the boundaries of the literary novel. It is a gripping mystery, a beautiful love story, and also a scathing critique of human arrogance and a moral examination of how we treat the vulnerable and different in our society. In exploring the themes of memory and the impact of the past, Ishiguro takes on

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the idea of a possible future to create his most moving and powerful book to date.

### **Rare Tumors In Children and Adolescents**

Identifying and Addressing the Needs of Adolescents and Young Adults with Cancer is the summary of a workshop convened by the Institute of Medicine's National Cancer Policy Forum in July 2013 to facilitate discussion about gaps and challenges in caring for adolescent and young adult cancer patients and potential strategies and actions to improve the quality of their care. The workshop featured invited presentations from clinicians and other advocates working to improve the care and outcomes for the adolescent and young adult population with cancer. Cancer is the leading disease-related cause of death in adolescents and young adults. Each year nearly 70,000 people between the ages of 15 and 39 are diagnosed with cancer, approximately 8 times more than children under age 15. This population faces a variety of unique short- and long-term health and psychosocial issues, such as difficulty reentering school, the workforce, or the dating scene; problems with infertility; cardiac, pulmonary, or other treatment repercussions; and secondary malignancies. Survivors are also at increased risk for psychiatric conditions such as anxiety, depression, substance abuse, and suicide and may have difficulty acquiring health insurance and paying for needed care. Identifying and Addressing the Needs of Adolescents and Young Adults with Cancer discusses a variety of topics important to adolescent and young adult patients with

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cancer, including the ways in which cancers affecting this group differ from cancers in other age groups and what that implies about the best treatments for these cancer patients. This report identifies gaps and challenges in providing optimal care to adolescent and young adult patients with cancer and to discuss potential strategies and actions to address them.

### **Attention Deficit Hyperactivity Disorder in Children and Adolescents**

A New York Times Bestseller Renowned neurologist Dr. Frances E. Jensen offers a revolutionary look at the brains of teenagers, dispelling myths and offering practical advice for teens, parents and teachers. Dr. Frances E. Jensen is chair of the department of neurology in the Perelman School of Medicine at the University of Pennsylvania. As a mother, teacher, researcher, clinician, and frequent lecturer to parents and teens, she is in a unique position to explain to readers the workings of the teen brain. In *The Teenage Brain*, Dr. Jensen brings to readers the astonishing findings that previously remained buried in academic journals. The root myth scientists believed for years was that the adolescent brain was essentially an adult one, only with fewer miles on it. Over the last decade, however, the scientific community has learned that the teen years encompass vitally important stages of brain development. Samples of some of the most recent findings include: Teens are better learners than adults because their brain cells more readily "build" memories. But this heightened adaptability can be

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hijacked by addiction, and the adolescent brain can become addicted more strongly and for a longer duration than the adult brain. Studies show that girls' brains are a full two years more mature than boys' brains in the mid-teens, possibly explaining differences seen in the classroom and in social behavior. Adolescents may not be as resilient to the effects of drugs as we thought. Recent experimental and human studies show that the occasional use of marijuana, for instance, can cause lingering memory problems even days after smoking, and that long-term use of pot impacts later adulthood IQ. Multi-tasking causes divided attention and has been shown to reduce learning ability in the teenage brain. Multi-tasking also has some addictive qualities, which may result in habitual short attention in teenagers. Emotionally stressful situations may impact the adolescent more than it would affect the adult: stress can have permanent effects on mental health and can lead to higher risk of developing neuropsychiatric disorders such as depression. Dr. Jensen gathers what we've discovered about adolescent brain function, wiring, and capacity and explains the science in the contexts of everyday learning and multitasking, stress and memory, sleep, addiction, and decision-making. In this groundbreaking yet accessible book, these findings also yield practical suggestions that will help adults and teenagers negotiate the mysterious world of adolescent development.

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