

Career Counseling Theories Of Psychotherapy

Handbook of Vocational Psychology
International Handbook of Career Guidance
Understanding Career Counselling
Introduction to Career Counselling & Coaching
Motivational Career Counselling & Coaching
Career Counselling
Career Development and Counseling
Career, Work, and Mental Health
Career Counselling and Guidance in the Workplace
Theories of Career Development
Contemporary Theories of Career Development
APA Handbook of Career Intervention
Career Counseling
Career Counseling
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Career Counselling
Career Counseling
Theories of Psychotherapy & Counseling: Concepts and Cases
The Psychology of Working
Counselling for Career Construction
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Handbook of Innovative Career Counselling
Applying Career Development Theory to Counseling
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Developmental Career Counseling and Assessment
The Chaos Theory of Careers
Career Development and Systems Theory
Career Choice and Development
Psychology of Career Adaptability, Employability and Resilience
The Oxford Handbook of Treatment Processes and Outcomes in Psychology
Counseling Theory and Practice (Second Edition)
Applying Career Development Theory to Counseling
Career Theories and Models at Work
Theories of Psychotherapy & Counseling: Concepts and Cases
Career Counseling and Development in a Global Economy
Career Counselling

Handbook of Vocational Psychology

International Handbook of Career Guidance

A must-read for practicing counselors and counselors-in-training, *APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING* demonstrates how to apply principles of career development in a counseling setting! Highly praised for its clear writing style, useful case examples and diversity coverage, Sharf strikes the ideal balance between theory and application. The book's companion Web site reinforces key concepts with discussion questions, tutorial quizzes, and relevant links.

Understanding Career Counselling

This text provides the beginning counseling student with a comprehensive overview and discussion of the practical application of career counseling skills. Based on the view that counselors must be prepared in a holistic manner, it covers

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the historical and theoretical foundations of career counseling, the skills and techniques needed for career counseling, and contextual perspectives on career and lifestyle planning. Important material that is often overlooked in introductory texts is included, such as career and lifestyle planning with clients in mental health, rehabilitation, and couples and family counseling settings; gender issues; and working with LGBT and minority clients. Throughout the text, case studies, informational sidebars, and experiential activities make for a more engaging learning experience and encourage additional contemplation of chapter content. This new edition features new, updated, and expanded content throughout; the division of career counseling in schools into separate chapters for K-8th grade, high school, and college, including traditional, hybrid, and online campuses; and an online instructor's manual with student resources, offering material to enhance the pedagogical features of the text.

Introduction to Career Counselling & Coaching

The authors of this book demonstrate with case examples how to apply career development theories to career counselling practice. Each chapter applies a different theory to case examples and - to provide continuity - to a fictitious 'client' constructed from many past clients of the authors.

Motivational Career Counselling & Coaching

This book examines a topic widely regarded as the most pressing in career counselling today, i.e., how to ensure that everyone receives career counselling and that all workers have the opportunity to engage in sustainable, decent work. The author holds that career counselling should not only advance workers' self- and career construction, helping them design successful career-lives and make social contributions, and live purposeful lives - it should also expound new theoretical approaches and interventions. Furthermore, the book criticizes global society for overlooking the basic needs of many workers, especially the most vulnerable and disadvantaged. An important feature of the book is its emphasis on promoting a creative and innovative approach to career counselling so as to better answer contemporary career-related questions. It offers guidance on how to advance entrepreneurship and help workers develop critical thinking, curiosity, creativity, collaboration, and communication skills. In this way the book promotes innovation in career counselling and maps the way forward in a theoretical and practical manner that helps clients 'flourish' rather than merely 'survive' in turbulent times impacted by the fourth wave in psychology, career counselling, the economy, as well as the 4th industrial revolution (Work 4.0).

Career Counselling

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Comprehensive in scope yet succinct in its descriptions and explanations, THEORIES OF PSYCHOTHERAPY & COUNSELING: CONCEPTS AND CASES, 5e equips students with a solid understanding of the systematic theories of psychotherapy and counseling. Proven author and professor Dr. Sharf delivers a thorough explanation of concepts as well as insightful case summaries and therapist-client dialogue that illustrate techniques and treatment in practice. He demonstrates how theories can be applied to individual therapy or counseling for common psychological disorders--such as depression and generalized anxiety disorders--as well as how to apply them to group therapy. A final chapter compares and critiques each of the theories. For the major theories presented in the text, basic information about background, personality theory, and theory of psychotherapy provides a means for understanding the application of psychotherapy theory. Insight into the personal life and philosophical influences of a theorist also helps explain how the theorist views human behavior. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Career Development and Counseling

Career, Work, and Mental Health

Vocational psychology, which is the science that helps inform social policy about work issues, improve career interventions and conduct research is glad to have this handbook. The third edition, with cutting edge contributors examines the field now and p

Career Counselling and Guidance in the Workplace

A practical introduction for those training in the field of career development, career counselling and career coaching, this book will take your students through established and emerging theory and the different contexts in which career work takes place introducing the key skills, techniques and models they'll need. Professional issues such as the use of digital technologies highlight the contemporary context of careers work and all of this is brought to life through engaging case studies and reflective questions, highlighting the practical applications of what is being learnt.

Theories of Career Development

Career Development and Systems Theory: Connecting Theory and Practice offers practitioners, researchers and students a comprehensive introduction to, and overview of, career theory; introduces the Systems Theory Framework of career development; and demonstrates its considerable contemporary and innovative application to practice. A number of authors

have identified the framework as one of a small number of significant innovations in the career development literature. The Systems Theory Framework of career development was developed to provide coherence to the career development field by providing a comprehensive conceptualisation of the many existing theories and concepts relevant to understanding career development. It is not designed to be a theory of career development; rather systems theory is introduced as the basis for an overarching, or metatheoretical, framework within which all concepts of career development, described in the plethora of career theories, can be usefully positioned and utilised in both theory and practice. It has been applied to the career development of children, adolescents and women. Since its first publication, the Systems Theory Framework has been the basis of numerous publications focusing on theoretical application and integration, practice and research, with a growing number of these by authors other than the framework developers. Its application across cultures also has been emphasised. The theoretical and practical unity of the Systems Theory Framework makes this book a worthy addition to the professional libraries of practitioners, researchers and students, new to, or experienced in, the field of career development.

Contemporary Theories of Career Development

APA offers the Theories of Psychotherapy Series as a focused resource for understanding the major theoretical models practiced by psychotherapists today. Each book presents a concentrated review of the history key concepts, and application of a particular theoretical approach to the assessment, diagnosis, and treatment of clients. The series emphasize Solid theory and evidence-based practice, illustrated with rich case examples featuring diverse clients. Practitioners and students will look to these books as jewels of information and inspiration. Book jacket.

APA Handbook of Career Intervention

This is an introductory text that provides practitioners with a wide range of efficient and effective career interventions. Representing the main schools of thought in career counselling today, Career counselling: Methods that work identifies and reflects the growing global interest in innovative approaches to career counselling including Mark Savickas' career-story interview technique for career construction counselling. In addition, the text: facilitates an understanding and application of contemporary theories, goals, methods and strategies in career counselling; provides an overview of the most recent and current international perspectives on 21st century career counselling; examines the historical and philosophical underpinnings of qualitative, quantitative and multi-method approaches to career counselling and suggests how these approaches may be utilised by practitioners; critically analyses questions such as, 'How can career counselling be best facilitated for all learners, in all contexts, including learners who experience barriers to learning?' and 'How does one use the career-story questionnaire to promote self-reflection for life design?'; and discusses various assessments that could be used to facilitate clients' self-expression and discovery of their identity and personality configuration. The text is

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recommended for practitioners involved in primary, secondary and tertiary education, psychology and social work, corporate coaches, academics, researchers, scholars and students.

Career Counseling

From the publisher. APA offers the Theories of Psychotherapy Series as a focused resource for understanding the major theoretical models practiced by psychotherapists today. Each book presents a concentrated review of the history, key concepts, and application of a particular theoretical approach to the assessment, diagnosis, and treatment of clients. The series emphasizes solid theory and evidence-based practice, illustrated with rich case examples featuring diverse clients. Practitioners and students will look to these books as jewels of information and inspiration.

Career Counseling

This practiced-based handbook describes postmodern career counseling models and methods designed to meet clients' diverse needs in today's challenging work environment. Readers will gain a solid understanding of the theoretical underpinnings of postmodern career counseling and learn practical approaches to counseling clients of various ages and backgrounds on occupational choice and other issues, such as coping with developmental tasks, career transitions, and work traumas. Drawing directly from their experiences with clients, career counseling experts link theory to practice in 17 application chapters that demonstrate the process of postmodern career assessment and intervention embedded in culture and context. Multicultural case vignettes and a "Practical Application Guide" in each of these chapters facilitate classroom learning and discussion.

Postmodern Career Counseling

The fourth edition of Career Choice and Development brings together the most current ideas of the recognized authorities in the field of career development. This classic best-seller has been thoroughly revised and expanded to include the most influential theories of career choice and development, and it contains up-to-date information regarding the application of these theories to counseling practice. This edition contains a wide range of career development theories that explore how people develop certain traits, personalities, self-precepts, and how these developments influence career decision making. This information will challenge teachers, researchers, and those involved in fostering career development to reexamine their assumptions and practices.

Career Counselling

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A must-read for counselors in training, Sharf's *APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING*, 6th Edition, shows you how to apply the principles of career development to a variety of counseling settings. This book is clearly written, filled with useful case examples, and includes integrated diversity coverage to give you the advantage in your course and your career. You'll find information about websites on internships, education, counseling organizations, and jobs. The book's Companion Website provides case studies, tutorial quizzes, and relevant links. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Career Counseling

Career Development and Counseling: Theory and Practice in a Multicultural World provides a comprehensive overview of career development theories with a unique multicultural framework. Aligned with the latest standards set forth by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), the text focuses on applications across a variety of settings and populations. Each chapter contains numerous case illustrations and learning activities designed to help readers understand the complexities of multicultural aspects of individual career development. Counseling students in training, in addition to working counseling professionals, will find this book as a useful resource for today's diverse world. *Career Development and Counseling* is part of SAGE's Counseling and Professional Identity Series. To learn more about each text in the series, please visit sagepub.com/cpiseriess.

Theories of Psychotherapy & Counseling: Concepts and Cases

This new edition explains what career counselling actually is, why people seek it, and indicates the many contexts where it is used. The text describes in detail the skills, tools, and techniques of career counselling, useful to both professional career counsellors and those for whom career counselling is just part of their work.

The Psychology of Working

In this original and major new work, David Blustein places working at the same level of attention for social and behavioral scientists and psychotherapists as other major life concerns, such as intimate relationships, physical and mental health, and socio-economic inequities. He also provides readers with an expanded conceptual framework within which to think about working in human development and human experience. As a result, this creative new synthesis enriches the discourse on working across the broad spectrum of psychology's concerns and agendas, and especially for those readers in career development, counseling, and policy-related fields. This textbook is ideal for use in graduate courses on counseling and

work or vocational counseling.

Counselling for Career Construction

Are you a career counsellor or coach in need of a new skills set to help meet the challenges of supporting clients? This book is for you. It is the first to combine the theory & practice of CBT with career counselling, presenting cognitive & behavioural approaches to help clients think & act more effectively in challenging situations in order to obtain their goals. Providing clear, practical strategies & a wealth of materials that can be used with clients in one-to-one or group settings, the book introduces: - theory of cognitive & behavioural psychological approaches within the context of career counselling - motivational techniques to help clients succeed at interview - how to help clients make effective vocational/educational choices & excel in the workplace - professional issues i.e., assessment tools, ethical issues, evaluation - self-management, using CBT techniques on yourself. This is essential reading for trainees studying for a careers guidance qualification, as well as CBT trainees wishing to go on to career counselling. Steve Sheward is a Careers Counsellor & CBT Therapist working in the NHS. He was previously director of the Connexions Service in South London. Rhena Branch is an experienced CBT Therapist & author, teaching the MSc in RECBT at Goldsmith's University.

Career Development and Counseling

Considered to be a classic in the field. The most comprehensive survey and evaluation of the major theories dealing with how an individual's career develops. The book contains important information on the history of the field and occupational classification systems.

Career Counseling

Reflecting the latest practices from the field, the comprehensive THEORIES OF PSYCHOTHERAPY AND COUNSELING: CONCEPTS AND CASES, 6th Edition equips readers with a solid understanding of the systematic theories of psychotherapy and counseling. A proven author and popular professor, Dr. Richard Sharf combines a thorough explanation of concepts with insightful case summaries and therapist-client dialogues that illustrate techniques and treatment in practice. Dr. Sharf demonstrates how to apply theories to individual therapy or counseling for common psychological disorders-such as depression and generalized anxiety disorders-as well as how to apply them to group therapy. For major theories, the text includes basic information about background, personality theory, and theory of psychotherapy to help readers understand the application of psychotherapy theory. In addition, insight into the personal lives and philosophical influences of theorists helps explain how the theorists view human behavior. Important Notice: Media content referenced within the product

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Theories of Counselling and Psychotherapy

The Oxford Handbook of Treatment Processes and Outcomes in Psychology presents a multidisciplinary approach to a biopsychosocial, translational model of psychological treatment across the lifespan. It describes cutting-edge research across developmental, clinical, counseling, and school psychology; social work; neuroscience; and psychopharmacology. The Handbook emphasizes the development of individual differences in resilience and mental health concerns including social, environmental, and epigenetic influences across the lifespan, particularly during childhood. Authors offer detailed discussions that expand on areas of research and practice that already have a substantive research base such as self-regulation, resilience, defining evidence-based treatment, and describing client-related variables that influence treatment processes. Chapters in newer areas of research are also included (e.g., neuroimaging, medications as adjuncts to psychological treatment, and the placebo effect). Additionally, authors address treatment outcomes such as evaluating therapist effectiveness, assessing outcomes from different perspectives, and determining the length of treatment necessary to attain clinical improvement. The Handbook provides an entree to the research as well as hands-on guidance and suggestions for practice and oversight, making it a valuable resource for graduate students, practitioners, researchers, and agencies alike. "

Handbook of Innovative Career Counselling

In a changing employment climate and with the growth of demand for careers guidance at all stages of life, careers guidance practice has moved from its positivist world view, with the counsellor as expert and client as passive responder, to more holistic 'constructivist' approaches. In essence, these approaches view the career as a holistic concept in which work and personal life are inextricably intertwined, and individuals are experts in their own lives, actively constructing their careers. The first to fully explore the constructivist approach, this book: provides a theoretical background to constructivism outlines a range of constructivist approaches to career counselling gives examples of the practical application of constructivism. Essential for anyone involved in career guidance wishing to learn more about this vital new approach, this book combines theory with practicable guidance, and represents a new direction for career counselling.

Applying Career Development Theory to Counseling

Using a developmental approach, this volume integrates the career counselling process into the life span, ranging from early childhood through to older adulthood. The stages explored include: years of identification and differentiation; years of

growth and searching; and years of compromise and commitment to a lifestyle.

Career Theory and Practice

The Chaos Theory of Careers outlines the application of chaos theory to the field of career development. It draws together and extends the work that the authors have been doing over the last 8 to 10 years. This text represents a new perspective on the nature of career development. It emphasizes the dimensions of careers frequently neglected by contemporary accounts of careers such as the challenges and opportunities of uncertainty, the interconnectedness of current life and the potential for information overload, career wisdom as a response to unplanned change, new approaches to vocational assessment based on emergent thinking, the place of spirituality and the search for meaning and purpose in, with and through work, the integration of being and becoming as dimensions of career development. It will be vital reading for all those working in and studying career development, either at advanced undergraduate or postgraduate level and provides a new and refreshing approach to this fast changing subject. Key themes include: Factors such as complexity, change, and contribution People's aspirations in relation to work and personal fulfilment Contemporary realities of career choice, career development and the working world

Career Counseling

Developed for helping professionals, Counseling Theory and Practice explains what it means to be an effective helper, discusses foundations of classic counseling and psychotherapy theories, provides an overview of emerging theories, and gives students the opportunity to develop their own approaches to counseling and psychotherapy practice. The book is organized into four primary sections, each addressing theoretical schools. Section 1 explores psychodynamic approaches, including psychoanalysis, Jungian therapy, and Adlerian therapy. Section 2 is devoted to existential-humanistic approaches such as existential therapy, Gestalt therapy, and person-centered counseling, while Section 3 discusses cognitive-behavioral approaches, including behavior therapy, cognitive behavior therapy, rational-emotive behavior therapy, and reality therapy. Section 4 describes post-modern therapies and examines the relatively new approaches of narrative therapy, solution-focused brief therapy, and relational cultural therapy, a form of feminist therapy. The final chapter explores a number of more recent and emerging theories. In support of the textbook, Counseling Theory and Practice features a Cognella Active Learning component that provides students with videos, reflection exercises, PowerPoint slideshows, flashcards, and quizzes in a digital environment. These additional materials give students an accessible way to study outside of the classroom in their own time and at their own pace. Informative and engaging, Counseling Theory and Practice is well-suited to courses for both pre-service professionals and those already in the field. For a look at the specific features and benefits of Counseling Theory and Practice, visit cognella.com/counseling-theory-and-practice-features-and-

benefits.

Career Theory and Practice

In this book, career counselling history, best practices as well as contemporary models and methods are brought together. In reflecting on the past, present, and future of career counselling, the story of the postmodern, narrative or career construction approach and the model and methods used to advance careers in the 21st century is told. A meta-reflection concept is proposed, based on career construction principles and practices and aimed at providing an examination of repeated reflection in career counselling. Overall, an attempt is made to craft a text that is not just specifically instructive but also more generally so. Whereas the theory section includes much that is hands-on and practical, the inclusion of narratives in the practice section turns theory into practice. Narratives illustrate the complexity and contextuality of partnering with clients toward (re-)designed lives. Ultimately, the volume aims to demonstrate how Mark Savickas' counselling for career construction approach can be used by clients to connect life themes in order to construct life portraits under the guidance of counsellors.

Developmental Career Counseling and Assessment

`This book should be viewed as essential reading for anyone interested in developing their understanding of the field of career counselling and developing their own approach. Practitioners will find much they might want to consider incorporating into their own work' - British Journal of Guidance and Counselling `As a career counsellor working with clients of all ages and situations, I found Larry Cochran's new work both pragmatic and intellectually stimulating [he] provides fresh insight into the essence of career counselling, examining the past to be able to understand the present in order to plan for the future. Written in an accessible style this book is certainly something which encourages further re

The Chaos Theory of Careers

"Career intervention denotes the science and practice of counseling and related activities to promote career planning, occupational exploration, career decision making, vocational choice, job entry, work adjustment, and retirement (Spokane, 1991). The science of career intervention builds theory and research to develop and evaluate the effectiveness of career interventions within a panoply of career services. These services broadly encompass vocational guidance to match people to occupations, career education to help people manage career transitions, life design to assist individuals to imbue work with meaning, occupational placement to secure a training or employment position, and coaching to improve chances of success and advancement (Savickas, 2011). In practice, psychologists, counselors, student affairs personnel, and various

other professionals apply career interventions such as individual and group counseling, assessment interpretations, curricula, workbooks, computer-assisted guidance, and workshops to foster individual career growth and development. The APA Handbook of Career Intervention presents information about the historical, contemporary, theoretical, demographic, assessment-based, and professional foundations of career intervention (Volume 1), as well as specific career intervention models, methods, and materials within each of these career services and applied to easing career transitions (Volume 2). In whole or in part, the handbook aims to be useful to researchers, practitioners, educators, consultants, policymakers, and students alike across a full array of professions, including psychology, counseling, education, and business and industry. Chapter authors are recognized experts in fields ranging from vocational psychology, career development, and industrial and organizational psychology to rehabilitation counseling and higher education."--Introduction.

Career Development and Systems Theory

Individuals seeking career counseling often present with a complex array of issues, and thus it is often difficult for counselors to separate career satisfaction and development from other mental health issues. *Career, Work, and Mental Health* examines this tightly woven connection between mental health issues and career development and offers practical ways for counselors to blend career and personal counseling. Taking this integrative approach, author Vernon Zunker offers step-by-step procedures for delivering effective intervention strategies – tactics that are meaningful and relevant to career choice, career development, and the interconnectedness of personal problems.

Career Choice and Development

This edited international collection of contemporary and emerging career development theories and models aims to inform the practice of career development professionals around the globe. In addition to serving both new and seasoned practitioners, the book is intended to be used as a text for undergraduate and graduate career counselling courses. In order to effectively serve clients and the public, career practitioners need to be equipped with the latest theories and models in the field. Ethical career practice requires practitioners to be up-to-date with their knowledge about theory and how theory informs practice. This publication provides practitioners with a tangible resource they can use to develop theory-informed interventions. Contains 43 chapters on the theories and models that define the practice of career development today. Contributors are 60 of the leading career researchers and practitioners from four continents and nine countries: Australia, Canada, England, Finland, India, the Netherlands, New Zealand, South Africa and the United States. Featured authors include the original theorists and those who have adapted the work in unique ways to inform career development practice. Presented in a reader-friendly format, each chapter includes a Case Vignette that illustrates how a theory or model can be applied in practice, and Practice Points that summarize key takeaways for career practitioners to implement with clients.

Additional references are also included.

Psychology of Career Adaptability, Employability and Resilience

This book examines how the career counselling profession should respond to the changes in the world of work that have resulted from the increasing need to communicate faster and disseminate information more efficiently. It emphasizes the twin aims of enhancing a persons' career adaptability and helping them to become more employable, rather than linearly trying to find a job and remaining in one organisation for their entire career-lives. The book shows that, to achieve these aims, people need to acquire career resilience, especially since the world of work no longer provides workers with work-holding environments for the duration of their career-lives. It takes into account historical analyses which show that whenever major technological change has occurred and widespread job losses have ensued, people have managed to use the new technology to create new employment opportunities. Readers from career psychology and management research, vocational and professional career coaching, and students of career psychology will find this book delivers sound, updated theory demonstrating how perceived threats in the 21st century can conceivably be turned into opportunities.

The Oxford Handbook of Treatment Processes and Outcomes in Psychology

In response to the complexities of social change that have become evident in the 21st century, there is a need for innovation in career theory that takes into account new perspectives and the fluctuating contexts of people's lives. Contemporary Theories of Career Development: International Perspectives brings together the contributions of theorists from around the globe whose work represents current, cutting-edge international approaches to career development theory. Emphasizing the new perspectives that are needed for this field to be relevant in a contemporary era, this book considers the cultural applications of theory in a diverse range of populations. Structured in three parts with chapters written by internationally renowned leaders in the field, this collection features a critical examination of the current history of the field; thirteen theory chapters, each enhanced by a case study; and a final chapter that draws the previous chapters together through key themes, broadening the reader's knowledge of theoretical perspectives and their interrelations. Each theory chapter author comments on and critiques his or her own theory, inviting readers to engage with these theories at both a practical and theoretical level through the case studies. Detailed, with reader-friendly descriptions and supplemented by international research, case examples, and discussion questions, Contemporary Theories of Career Development: International Perspectives is the ideal reference work for students studying the topic as well as a stimulus for researchers and practitioners looking to implement the theories in their work.

Counseling Theory and Practice (Second Edition)

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This handbook offers a comprehensive review on career guidance, with an emphasis on the applied aspects of guidance together with research methods and perspectives. It features contributions from more than 30 leading authorities in the field from Asia, Africa, America, Australasia and Europe and draws upon a wide range of career guidance paradigms and theoretical perspectives. This handbook covers such subjects as educational and vocational guidance in a social context, theoretical foundations, educational and vocational guidance in practice, specific target groups, testing and assessment, and evaluation.

Applying Career Development Theory to Counseling

Understanding Career Counselling explores the theory, research, and practice of career counseling from a British perspective and brings them together in one concise volume. The book addresses exactly what is meant by the term 'career' in the 21st century and the implications this has for those working with clients at different stages of their career. This book is unique in that it clearly relates career theories to career counseling, which is often an unclear area for trainees.

Career Theories and Models at Work

Accessible, practical, and succinct, CAREER COUNSELING AND DEVELOPMENT IN A GLOBAL ECONOMY, 2nd Edition thoroughly prepares students for career counseling in today's marketplace. Maximizing student success, the text supports learning and understanding through its unique Career Diamond pedagogical model that helps students synthesize and apply career counseling theories. Cutting-edge case studies demonstrate the use of techniques and the application of theory. The new edition includes updated research, new coverage of the economic crisis, and an all-new Chapter 17 Professional Issues: Ethics and Research. The text also offers thorough coverage of special populations--such as clients in the welfare-to-work program--and the impact of the global economy. Offering comprehensive coverage in a concise format, this popular text remains extremely student friendly with an emphasis on process. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Theories of Psychotherapy & Counseling: Concepts and Cases

Unique in the way it links five major career development and choice theories to a fictional case client, this user-friendly text is ideal for counselors engaged in helping clients make wise career choices. Thoroughly updated, the Third Edition of Career Theory and Practice takes a multicultural approach as it blends theory, practical examples, and specific cases, helping readers apply a wide range of career development theories to counseling clients.

Career Counseling and Development in a Global Economy

Career Counseling aims to link the past and the present, and to look to the future for significant developments in this critical field. Seven current methods are examined in detail: * the Trait-and-Factor approach * the Person-Centered approach * the Psychodynamic approach * the Developmental approach * the Social Learning approach * the Social Psychological approach * Computer Assisted Career Counseling Written to inform practicing vocational counselors and students about the practical and applied aspects of various counseling approaches, this book will help them maintain a data-based objectivity.

Career Counselling

The average 21st-century career is one of constant change: an individual can no longer expect to remain with one organisation his or her entire life, achieving managerial status through natural progression. Today's job market requires constant re-training and adjustment because of skills obsolescence, age discrimination and technological illiteracy. On the other hand, younger or less qualified workers find it difficult to enter the labour market because of a lack of skills or experience. Career counsellors should be able to help clients to navigate this difficult and changing role. The book offers a practical framework within which the career counsellor can work. The text explains the role of the career counsellor within the organisation; discusses the key concepts that influence career behaviour; explains the use of counselling and guidance tools and techniques; offers insight into the profession and practice of career counselling; and provides guidance within an international and a South African context. Integrating theoretical and practical perspectives, this book offers a comprehensive overview of career counselling and guidance services, practices, tools and techniques in an organisational context. It consists of five chapters, each of which has a summary, key terms and review an discussion questions.

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