

Caring For The Dying At Home A Practical Guide

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The Shift

Caring for the Dying Patient and the Family

Working as an emergency room nurse, Margaret Coberly came in contact with death on a daily basis. However, it wasn't until her own brother was diagnosed with terminal cancer that she realized she understood very little about the emotional and spiritual aspects of caring for the terminally ill. To fill this gap she turned to the unique wisdom on death and dying found in Tibetan Buddhism. In this book Coberly offers sound, practical advice on meeting the essential needs of the dying, integrating stories from her long career in nursing with useful insights from the Tibetan Buddhist teachings. In the West, death is viewed as a tragic and horrible event. Coberly shows us how this view generates fear and denial, which harm the dying by adding unnecessary loneliness, confusion, and mental anguish to the dying process. Tibetan Buddhism focuses on the nature of death and how to face it with honesty, openness, and courage. In this view, death is not a failure, but a natural part of life that, if properly understood and appreciated, can offer the dying and their loved ones an opportunity to gain valuable insight and wisdom. Coberly argues that the Tibetan Buddhist outlook can be a useful antidote to the culture of fear and denial that surrounds death in the West and can help caregivers become more fully present, fearless, honest, and compassionate. Sacred Passage highlights two very practical teachings on death and dying from the Tibetan Buddhist tradition and presents them in clear, nontechnical language. Readers learn about the "eight stages of dissolution leading to death," a detailed roadmap of the dying process that describes the sequence of physical, psychological, and spiritual changes that occur as we die. Coberly also presents the "death meditation," a contemplative exercise for developing a new

relationship to death—and life. The book also includes a lengthy, annotated list of recommended readings for added guidance and inspiration. Topics include:

- How the terminally ill can experience emotional and spiritual healing even when they can't be cured
- Why Western medicine's relentless focus on curing disease has led to inadequate care for the dying
- What to expect during the dying process
- How our fear and denial of death harm the dying
- Techniques to help caregivers promote a peaceful environment for the dying and their loved ones
- How to meet the changing physical and emotional needs of the dying
- Helpful advice on what to say and how to behave around the terminally ill

Care of the Dying and Deceased Patient

Dying well, comfortably and peacefully, is one of the most important, most desired of personal choices. At the same time it is one of the most misunderstood topics. *Dying Well with Hospice* shines light on this difficult subject by providing options for making end of life peaceful, dignified, and demystifies the dying process.

In the Face of Death

For patients and their loved ones, no care decisions are more profound than those made near the end of life. Unfortunately, the experience of dying in the United States is often characterized by fragmented care, inadequate treatment of distressing symptoms, frequent transitions among care settings, and enormous care responsibilities for families. According to this report, the current health care system of rendering more intensive services than are necessary and desired by patients, and the lack of coordination among programs increases risks to patients and creates avoidable burdens on them and their families. *Dying in America* is a study of the current state of health care for persons of all ages who are nearing the end of life. Death is not a strictly medical event. Ideally, health care for those nearing the end of life harmonizes with social, psychological, and spiritual support. All people with advanced illnesses who may be approaching the end of life are entitled to access to high-quality, compassionate, evidence-based care, consistent with their wishes. *Dying in America* evaluates strategies to integrate care into a person- and family-centered, team-based framework, and makes recommendations to create a system that coordinates care and supports and respects the choices of patients and their families. The findings and recommendations of this report will address the needs of patients and their families and assist policy makers, clinicians and their educational and credentialing bodies, leaders of health care delivery and financing organizations, researchers, public and private funders, religious and community leaders, advocates of better care, journalists, and the public to provide the best care possible for people nearing the end of life.

Living with Dying

This comprehensive resource book, the key text for the Gold Standards Framework (GSF) Programme, supports and enables all primary health professionals, and all those involved in palliative care, to make improvements in care provided for their patients, as recommended in the NICE guidance on Supportive and Palliative Care. It aims to strengthen the role, confidence, systems and skills of primary healthcare teams for the delivery of palliative care and patient support. The GSF, recommended and promoted by the NHS End of Life Initiative, Modernisation Agency and Macmillan, is already used by over 1000 teams in the UK, and is now being offered to every primary care team to improve end-of-life care for all.

Dying Well with Hospice

Buddhist understandings of death and practices surrounding death have been hallmarks of the tradition since its beginning. Over the last forty years, they have been an important part of the global revival of Buddhism, especially in the West—from the popularization of the Tibetan Book of the Dead to Zen poetry about death, to Theravadan meditation on the decaying body, to belief in the welcome of Amida Buddha on one's deathbed. Today there is a plethora of new titles by various authors on how to use Buddhist teachings and practices to face death and the dying of loved ones, yet these titles by and large focus on how an individual can prepare for death (their own or another's) as an inner journey. Relatively little is known, however, about the number of Buddhist-based initiatives for caring for the dying and bereaved through the development of trained professionals and the building of facilities that have mushroomed since the late 1980s. While a number of these initiatives have been created by high-profile Buddhist teachers, like Sogyal Rinpoche and Joan Halifax, who have written heart-moving books on death, their initiatives and others are not as highly publicized in the mass media. In this volume, we have culled some of the best and most inspired examples of Buddhist care for the dying and bereaved from all over the world, covering the entire Buddhist tradition with essays from the Theravada tradition in Thailand and Cambodia; the Tibetan tradition in the Rigpa Spiritual Care Program, which functions primarily in Europe and the United States; the East Asian Mahayana tradition in Taiwan; and the Lotus Sutra, Pure Land, and Zen traditions in both Japan and the United States. The Buddhist hospice movement marks a recovery of the ancient practices of Buddhism towards death and their application in new, modern conditions and societies. Many Buddhists today are drawing upon this long and deep tradition to find their own models for developing forms of Buddhist engagement that not only confront but also transform the many problems facing people dying in the world today.

A Sacred Walk

This title provides professionals who care for the dying with a user-friendly guide on how to render the best possible treatment.

Compassionate Person-Centered Care for the Dying

This valuable handbook, written by a specialist palliative care physician and a theologian with experience of hospice ministry, addresses in practical terms the needs of dying patients and their relatives, recognising that these needs are not only physical but also emotional and spiritual. It combines insights from current best practice in palliative care, pastoral experience and theological reflection to explore: □ the mystery of suffering □ communicating with the family and caring for the bereaved □ responding to a request for assisted suicide □ forgiveness, reconciliation, anointing □ saying goodbyes and dying with dignity Throughout there is a helpful emphasis on team work and self-care: one of the key skills in this area is learning that this is a shared responsibility and privilege. Many people, including clergy, are fearful of what to say or do in such circumstances. This resource will increase courage and confidence.

Dying in America

Good counselling skills are often not taught to the professionals who need them most. Compassionate and tactful communication skills can make the difference between an awkward encounter with a dying patient, and an engaging, empathic bond between two people. Louis Heyse-Moore draws on his wealth of experience as a trained counsellor and palliative medicine specialist. Covering difficult subjects such as breaking the news of terminal illness to a patient, euthanasia and the effect of working with patients on carers, *Speaking of Dying* is a practical guide to using counselling skills for all clinical disciplines working in palliative care, whether in a hospice, hospital or at home. Complete with a clear explanation of both counselling and medical terminology, this hands-on guide will be an invaluable companion to anyone working in palliative care.

Midwife for Souls

From a longtime end-of-life "midwife," a practical guide to navigating the transition from life to death. "This book makes a compelling case for end-of-life doula care for the dying and their loved ones. Long-time practitioner Fersko-Weiss also discusses techniques and practices for readers who want to have a more peaceful, meaningful death experience." *Library Journal* (Best Books of 2017) "Fersko-Weiss's perspective is a desperately needed reminder of the value of facing life's most difficult transitions with open eyes and hearts." *Publisher's Weekly* (starred review) Fersko-Weiss recounts beautiful stories that show that dying doesn't need to be as bleak and soul-wrenching as we think. It can be meaningful and even life-affirming. The doula approach to death offers opportunities to explore the meaning of life and to convey that meaning through legacy work. Based on the model of care provided by birth doulas, it emphasizes thoughtful planning for how the last days of life should look, sound, and feel, and calls for around-the-clock vigil care, which provides emotional and spiritual

support for both the dying person and their loved ones.

Living with Dying

What should I say when I hear that my friend has cancer? How can I help but not get in the way? How do I let my loved ones know what I need? The Etiquette of Illness is a wise, encouraging, and essential guide to navigating the complex terrain of illness. This collection of anecdotes and insights will help those who feel awkward and unsure about responding to a friend, colleague, or relative who is suffering. The book is also for people who are ill and want to engage with their loved ones effectively. We read about a range of people who are dealing with chronic illness, doctor-patient communications, and end-of-life issues-and who are striving to find their way with awareness and compassion. Drawing on her years of counseling people with serious illness, as well as her own experiences with cancer, Susan Halpern presents an insightful book of the utmost relevance for patients, their caregivers, and their family and friends - a group which will, at some point, include all of us.

NURSING CARE AT THE END OF LIFE

Combining the most current techniques of hospice care with spiritual teachings, a step-by-step guide to caring for a terminally ill loved one offers practical nursing skills, effective pain treatments, tips on handling visitors, and more. 15,000 first printing.

Life in a Hospice

Death in childhood is uncommon but for those families who have to confront the situation the burden is great. The stress and anxiety for health care workers is also considerable. This book considers the medical, psycho-social and practical issues involved in caring for children dying from chronic disease. It is directed towards pediatricians, family doctors and other professionals who may be involved in caring for terminally ill children and their families, whether at home or in hospital.

The Art of Dying Well

People today are not only living longer, they are also living sicker-- making aging and caring for elderly loved ones more complicated than ever before. Brent provides a comprehensive, straightforward handbook to help family caregivers with sibling and parent-child communication, end-of-life decision making, and guidance for how to help a loved one medically, financially, and emotionally.

Medicine and Care of the Dying

At the turn of the twentieth century, medicine's imperative to cure disease increasingly took priority over the demand to relieve pain and suffering at the end of life. Filled with heartbreaking stories, *The Inevitable Hour* demonstrates that professional attention and resources gradually were diverted from dying patients. Emily K. Abel challenges three myths about health care and dying in America. First, that medicine has always sought authority over death and dying; second, that medicine superseded the role of families and spirituality at the end of life; and finally, that only with the advent of the high-tech hospital did an institutional death become dehumanized. Abel shows that hospitals resisted accepting dying patients and often worked hard to move them elsewhere. Poor, terminally ill patients, for example, were shipped from Bellevue Hospital in open boats across the East River to Blackwell's Island, where they died in hovels, mostly without medical care. Some terminal patients were not forced to leave, yet long before the advent of feeding tubes and respirators, dying in a hospital was a profoundly dehumanizing experience. With technological advances, passage of the Social Security Act, and enactment of Medicare and Medicaid, almshouses slowly disappeared and conditions for dying patients improved—though, as Abel argues, the prejudices and approaches of the past are still with us. The problems that plagued nineteenth-century almshouses can be found in many nursing homes today, where residents often receive substandard treatment. A frank portrayal of the medical care of dying people past and present, *The Inevitable Hour* helps to explain why a movement to restore dignity to the dying arose in the early 1970s and why its goals have been so difficult to achieve.

Top Five Regrets of the Dying

As humanitarian aid organizations have evolved, there is a growing recognition that incorporating palliative care into aid efforts is an essential part of providing the best care possible. *A Field Manual for Palliative Care in Humanitarian Crises* represents the first-ever effort at educating and providing guidance for clinicians not formally trained in palliative care in how to incorporate its principles into their work in crisis situations. Written by a team of international experts, this pocket-sized manual identifies the needs of people affected by natural hazards, political or ethnic conflict, epidemics of life-threatening infections, and other humanitarian crises. Later chapters explore topics including pain management, skin conditions, non-communicable diseases, palliative care emergencies, the law and ethics of end of life care, and more. Concise and highly accessible, this manual is an ideal educational tool pre-deployment or during fieldwork for clinicians involved in planning and providing humanitarian aid, local care providers, and medical trainees.

Care of the Dying Child

Caring for the Dying describes a whole new way to approach death and dying. It explores how the dying and their families

can bring deep meaning and great comfort to the care given at the end of a life. Created by Henry Fersko-Weiss, the end-of-life doula model is adapted from the work of birth doulas and helps the dying to find meaning in their life, express that meaning in powerful and beautiful legacies, and plan for the final days. The approach calls for around-the-clock vigil care, so the dying person and their family have the emotional and spiritual support they need along with guidance on signs and symptoms of dying. It also covers the work of reprocessing a death with the family afterward and the early work of grieving. Emphasis is placed on the space around the dying person and encourages the use of touch, guided imagery, and ritual during the dying process. Throughout the book Fersko-Weiss tells amazing and encouraging stories of the people he has cared for, as well as stories that come from doulas he has trained and worked with over the years. What is unique about this book is the well-conceived and thorough approach it describes to working skillfully with the dying. The guidance provided can help a dying person, their family, and caregivers to transform the dying experience from one of fear and despair into one that is uplifting and even life affirming. You will see death in a new light and gain a different perspective on how to help the dying. It may even change the way you live your life right now.

Approaching Death

Highly Commended, BMA Medical Book Awards 2008 This book is about hospices, seen through the eyes of the people who work in them. Their individual voices, perspectives and stories invite readers into the day-to-day complexities of hospice life. There is growing public and professional attention to end of life care and the way dying patients and their families are treated. How can hospices make the process dignified and peaceful as possible? What sort of people dedicate their careers to helping the dying? What difficulties are they up against in providing this care, and what makes it all worthwhile? This inspirational book provides vivid, real-life accounts of hospice life from managers, doctors, nurses, carers and support staff. The thought-provoking narratives provide vital insights into the type of work undertaken in a hospice setting. They examine the differences between hospice and hospital care, and explore the challenges, personal motivations and the many ways hospices strive to meet the needs of patients and their families with sensitivity and respect. "Life in a Hospice" is enlightening reading for all healthcare professionals in palliative care, including volunteer, administrative and support staff. It is also highly recommended for nurses and others in caring roles considering a move into hospice work. Therapists, counsellors and religious leaders will discover poignant and encouraging insights, and people with a family member approaching the end of life will find the book reassuring and informative.

The Etiquette of Illness

When the dying self contemplates its own disintegration in this context, the search for meaning may rest heavy indeed."

The Inevitable Hour

Palliative care is an essential element of our health care system and is becoming increasingly significant amidst an aging society and organizations struggling to provide both compassionate and cost-effective care. Palliative care is also characterized by a string interdisciplinary approach. Nurses are at the center of the palliative care team across settings and populations. The seventh volume in the HPNA Palliative Nursing Manuals series, *Care of the Imminently Dying* provides an overview of symptom management when a patient is reaching the end of their life. This volume covers delirium and the advantages of early diagnosis, determining the presence of dyspnea, death rattle, or cough, urgent syndromes that may appear the end of life, palliative sedation, and the withdrawal of life-sustaining therapies. The content of the concise, clinically focused volumes in the HPNA Palliative Nursing Manuals series is one resource for nurses preparing for specialty certification exams and provides a quick-reference in daily practice.

Caring for the Dying at Home

'This book is a tribute to expert nursing. It should be seen as a celebration of all that is good in nursing. It also sets out the path for nursing that is centred on relationships - the essence of person-centred nursing is based on the quality of relationships both between nurse the client and others and also between nurses their colleagues and peers. Increasingly it is a challenge for nurses to hold on to humanistic care when we practice in a world of healthcare which is performance and fiscally driven. The concept of partnership and reciprocity runs through the book like a golden thread gleaming in a rich tapestry of person-centred practice expressed via the perspectives of the contributors. Expert practitioners working with people who have dementia have led the way in the development of person centred practice.' Pauline Ford Advisor in Gerontological Nursing Royal College of Nursing 'This book is a compendium of contemporary dementia care practice. It provides knowledge that is the foundation for a clear path to successful care outcomes. It clearly leaves no room for the ignorance that produced the uncertainty and inconsistency of past practices. If dementia can be likened to a journey of highs and lows this book shows us how to eliminate the negatives and accentuate the positives.' Bob Price Director Alzheimer Education Australia

The Hospice Movement

"This classic work on the spirituality of caring for the dying is now expanded with moving stories and lessons gleaned from the author's experience as a hospice nurse. Caregivers, friends, and family members often feel unsure of what to say or do as they care for the terminally ill. *Midwife for Souls* provides insight, showing how the support of one's Catholic faith and the power of prayer can guide one in ministering to a dying person. Written in a style that is poetic and beautiful, practical and

credible, this book is essential reading for anyone who accompanies others to the edge of life?and helps in their birthing to eternal life"--Page 4 of cover.

Sacred Passage

Its power lies in the fact that in the face of certain death, the caregiver can give the person life, that is, the continuation of life as a social being."

Care of the Dying

When the dying self contemplates its own disintegration in this context, the search for meaning may rest heavy indeed."

The Hospice Movement

One of the best-loved spiritual writers of our time—an author ranked with C.S. Lewis and Thomas Merton—Henry J.M. Nowuen, takes a moving, personal look at human mortality in *Our Greatest Gift*. A meditation on dying and caring, *Our Greatest Gift* gently and eloquently reveals the gifts that the living and dying can give to one another. The beloved bestselling author of *With Open Hands*, *The Wounded Healer*, and *Making All Things New* shares his own experiences with aging, loss, grief, and fear in this important and life-altering work.

Care for the Dying

A SACRED WALK helps dispel the fear of death and draws uniquely on the experience of the dying to show how best to meet the practical, emotional, and spiritual needs of a loved one who is facing death. Writer Donna Authers lived in fear of death from childhood well into her adult life, the result of an unusual number of tragic losses in her family. The miraculous story of how that fear was broken marked the start of her calling as a caregiver to others as they, or their loved ones, prepared to leave this world. Walking alongside someone with a chronic or terminal illness is a sacred time, but we usually want to be told exactly how to help. Read how family, friends, hospice and other resources came together for Anna during her final days. Heeding the end-of-life lessons shared in this book will show readers how best to care for their loved ones and also help them die with no regrets when their own time comes. In response to reader demand, the eBook version includes a Discussion Guide with questions for each chapter to help open a dialog on important related topics we tend to avoid but shouldn't.

Our Greatest Gift

This third edition of a popular textbook has been completely revised by the joint editors, Janet Moscrop and Joy Robbins. As in previous editions, the focus is on the person dying at home, in residential care or in hospital and the emphasis is on teamwork in caring for the individual and their relatives and friends. Experts in all aspects of care have contributed to this complete revision of the previous text and each chapter is written by a different member of the multiprofessional team. The chapter on the terminal care of people suffering from AIDS has been enlarged and consideration is also given to care of those in the terminal stages of other non-malignant diseases. Other new material includes chapters on complementary therapy, the use of the day centre, the value of volunteers, diversional therapy and respite care. The chapter on bereavement covers many aspects of grief and loss and there is a sensitive approach to the need for supporting staff in this specialized work. Consideration is also given to the needs of dying and grieving people from differing ethnic backgrounds with varying cultural expectations in a pluralistic society. The third edition offers a broad overview of the support given to the dying person and the carers by medical and nursing staff, physiotherapists, pharmacists, social workers, the chaplaincy and members of the pastoral care team. Students of all these disciplines should find this book both readable and informative.

Buddhist Care for the Dying and Bereaved

Written by both medical and religious professionals, as well as those who study exclusively the interaction between the two worlds, this text deals with the spiritual and religious care of the chronically ill and dying. Case studies are included throughout.

Caring for Dying People of Different Faiths

Encompasses diverse aspects of end-of-life care across multiple disciplines, offering a broad perspective on such central issues as control of pain and other symptoms, spirituality, the needs of caregivers, special concerns regarding the elderly, palliative care and hospice and much more.

Finding Peace at the End of Life

A milestone resource for palliative care nurses that facilitates evidence-based compassionate and humanistic care of the dying. A valuable contribution to the evolving field of palliative nursing care. It is authored by a model for this field, Bonnie Freeman, and brings to the bedside what her practice embodies--evidence-based clinically expert care. The CARES tool is a

long-needed resource and we are all grateful to the author for moving her passion to paper. It will touch the lives and deaths of patients, families, and the nurses who care for them. --Betty Ferrell, PhD, RN, MA, FAAN, FCPN, CHPN Professor and Director, Division of Nursing Research and Education City of Hope National Medical Center From the Foreword This groundbreaking reference for palliative care nurses is the first to provide realistic and achievable evidence-based methods for incorporating compassionate and humanistic care of the dying into current standards of practice. It builds on the author's research-based CARES tool; a reference that synthesizes five key elements demonstrated to enable a peaceful death, as free from suffering as possible: comfort, airway management, management of restlessness and delirium, emotional and spiritual support, and selfcare for nurses. The book describes, step by step, how nurses can easily implement the basic tenets of the CARES tool into their end-of-life practice. It provides a clearly defined plan that can be individualized for each patient and tailored to specific family needs, and facilitates caring for the dying in the most respectful and humane way possible. The book identifies the most common symptom management needs in dying patients and describes, in detail, the five components of the CARES paradigm and how to implement them to enable a peaceful death and minimize suffering. It includes palliative care prompts founded on 29 evidence-based recommendations and the National Consensus Project for Palliative Care Clinical Practice Guidelines. The resource also addresses the importance of the nurse to act as a patient advocate, how to achieve compassionate communication with the patient and family, and barriers and challenges to compassionate care. Case studies emphasize the importance of compassionate nursing care of the dying and how it can be effectively achieved. Key Features: Provides nurses with a clear understanding of the most common needs of the dying and supplies practical applications to facilitate and improve care Clarifies the current and often complex literature on care of the dying Includes case studies illustrating the most common needs of dying patients and how these are addressed effectively by the CARES tool Based on extensive evidence as well as on the National Consensus Project for Palliative Care Clinical Practice Guidelines Bonnie Freeman, DNP, ANP, RN, ACHPN, is an adult nurse practitioner in the Department of Supportive Care Medicine at the City of Hope National Medical Center in Duarte, California. She is involved with treating the symptom management needs of many chronically and terminally ill individuals diagnosed with various forms of cancer. Dr. Freeman trained at such excellent facilities as the in-patient units at San Diego Hospice and the Institute of Palliative Medicine in San Diego, California, and the home care hospice program in Owensboro, Kentucky. While in Kentucky, she completed her advanced practice clinical training for adult nurse practitioners with a specialty focus on palliative care through Vanderbilt University in Nashville, Tennessee. This program exposed Dr. Freeman to current concepts in caring for the dying, and enhanced her already significant clinical experience caring for dying individuals acquired from over 30 years working in critical care. Dr. Freeman obtained her MSN from Indiana Wesleyan University, and her DNP from Azusa Pacific University in Azusa, California. Contributors Tracey Das Gupta, MN, RN, CON, is director of Interprofessional Practice at Sunnybrook Health Sciences Centre in Toronto, Ontario, Canada. She is also the colead of the Quality Dying Initiative with Dr. Jeff Myers. Tracey has been passionate about health care, quality of life, and leadership since becoming a nurse in 1991. Her decision to become a nurse was influenced by her father who lived with muscular dystrophy. Ms. Das Gupta has fulfilled various frontline nursing roles along the continuum of care and has had the opportunity to continue to grow in leadership roles such

as educator, professional practice leader, and director of nursing practice. In her current role, she also provides leadership for the development and implementation of Sunnybrook's interprofessional care (IPC) strategy. Margaret Fitch, PhD, MScN, is a nurse researcher and holds an appointment at the Bloomberg Faculty of Nursing and School of Graduate Studies at the University of Toronto. She also serves as expert lead for cancer survivorship and patient experience for the Person-Centered Perspective Portfolio of the Canadian Partnership Against Cancer. She is also editor-in-chief for the Canadian Oncology Nursing Journal. Dr. Fitch has an extensive publication record based on her many years of research regarding patient perspectives, coping and adaptation with illness, and screening for psychosocial distress. She has particular expertise in measurement and evaluation, qualitative methods, and knowledge integration. During her career, she has held clinical and administrative positions and has maintained an ongoing role in education of both undergraduate and graduate students and health professionals in practice.

Care of the Imminently Dying

Practicing nurse and New York Times columnist Theresa Brown invites us to experience not just a day in the life of a nurse but all the life that happens in just one day on a busy teaching hospital's cancer ward. In the span of twelve hours, lives can be lost, life-altering treatment decisions made, and dreams fulfilled or irrevocably stolen. Unfolding in real time--under the watchful eyes of this dedicated professional and insightful chronicler of events--The Shift gives an unprecedented view into the individual struggles as well as the larger truths about medicine in this country. By shift's end, we have witnessed something profound about hope and humanity.

Dying at Home

When the end of life makes its inevitable appearance, people should be able to expect reliable, humane, and effective caregiving. Yet too many dying people suffer unnecessarily. While an "overtreated" dying is feared, untreated pain or emotional abandonment are equally frightening. Approaching Death reflects a wide-ranging effort to understand what we know about care at the end of life, what we have yet to learn, and what we know but do not adequately apply. It seeks to build understanding of what constitutes good care for the dying and offers recommendations to decisionmakers that address specific barriers to achieving good care. This volume offers a profile of when, where, and how Americans die. It examines the dimensions of caring at the end of life: Determining diagnosis and prognosis and communicating these to patient and family. Establishing clinical and personal goals. Matching physical, psychological, spiritual, and practical care strategies to the patient's values and circumstances. Approaching Death considers the dying experience in hospitals, nursing homes, and other settings and the role of interdisciplinary teams and managed care. It offers perspectives on quality measurement and improvement, the role of practice guidelines, cost concerns, and legal issues such as assisted

suicide. The book proposes how health professionals can become better prepared to care well for those who are dying and to understand that these are not patients for whom "nothing can be done."

Care of the Dying Patient

Case histories and the author's experiences as a hospice volunteer document a survey of patient care, medication techniques, funding, staffing, and home-care programs in hospices for terminally-ill patients

Stay Close and Do Nothing

Revised edition of the best-selling memoir that has been read by over a million people worldwide with translations in 29 languages. After too many years of unfulfilling work, Bronnie Ware began searching for a job with heart. Despite having no formal qualifications or previous experience in the field, she found herself working in palliative care. During the time she spent tending to those who were dying, Bronnie's life was transformed. Later, she wrote an Internet blog post, outlining the most common regrets that the people she had cared for had expressed. The post gained so much momentum that it was viewed by more than three million readers worldwide in its first year. At the request of many, Bronnie subsequently wrote a book, *The Top Five Regrets of the Dying*, to share her story. Bronnie has had a colourful and diverse life. By applying the lessons of those nearing their death to her own life, she developed an understanding that it is possible for everyone, if we make the right choices, to die with peace of mind. In this revised edition of the best-selling memoir that has been read by over a million people worldwide, with translations in 29 languages, Bronnie expresses how significant these regrets are and how we can positively address these issues while we still have the time. *The Top Five Regrets of the Dying* gives hope for a better world. It is a courageous, life-changing book that will leave you feeling more compassionate and inspired to live the life you are truly here to live.

A Field Manual for Palliative Care in Humanitarian Crises

This "comforting...thoughtful" (The Washington Post) guide to maintaining a high quality of life—from resilient old age to the first inklings of a serious illness to the final breath—by the New York Times bestselling author of *Knocking on Heaven's Door* is a "roadmap to the end that combines medical, practical, and spiritual guidance" (The Boston Globe). "A common sense path to define what a 'good' death looks like" (USA TODAY), *The Art of Dying Well* is about living as well as possible for as long as possible and adapting successfully to change. Packed with extraordinarily helpful insights and inspiring true stories, award-winning journalist Katy Butler shows how to thrive in later life (even when coping with a chronic medical condition), how to get the best from our health system, and how to make your own "good death" more likely. Butler

explains how to successfully age in place, why to pick a younger doctor and how to have an honest conversation with them, when not to call 911, and how to make your death a sacred rite of passage rather than a medical event. This handbook of preparations—practical, communal, physical, and spiritual—will help you make the most of your remaining time, be it decades, years, or months. Based on Butler’s experience caring for aging parents, and hundreds of interviews with people who have successfully navigated our fragmented health system and helped their loved ones have good deaths, *The Art of Dying Well* also draws on the expertise of national leaders in family medicine, palliative care, geriatrics, oncology, and hospice. This “empowering guide clearly outlines the steps necessary to prepare for a beautiful death without fear” (Shelf Awareness).

Speaking of Dying

The new edition of this successful book has been up-dated to incorporate recent advances in both approach to, and treatment of, the terminally ill. Based on many years of monitoring clinical practice and research at St Christopher's Hospice, Dame Cicely Saunders presents practical, balanced advice on the general ethical and medical principles of caring for dying patients. This will continue to be an invaluable handbook for all hospice physicians and nurses as a compassionate source of factual information.

Caring for the Dying

A revised edition of the classic report on hospice communities includes information on pain and symptom management, and new material on the hospice community's response to the AIDS crisis

Medicine and Care of the Dying

This wise and practical handbook, written by a palliative care physician and a priest with experience in hospice ministry, addresses the needs of the dying, their relatives and friends, and also those who provide support and care. Recognizing that these needs are physical, emotional, and spiritual, *Care for the Dying* draws on insights from current best practice in palliative care, pastoral experience, and theological reflection. It explores the following: --the availability of care for the dying person --communicating with the family --responding to a request for assisted suicide --forgiveness, reconciliation and anointing --saying goodbyes --the mystery of suffering --dying with dignity --supporting the bereaved --caring for the carers. Throughout, there is a helpful emphasis on understanding the care of the dying as a privilege as well as a responsibility, on the importance of proper self-care and of gaining strength from working as a team. Many people, including medical professionals and clergy, are fearful of what to say or do when faced with approaching death. This resource will deepen

understanding and build courage and confidence.

Care for the Dying

"Occasionally I read a book and say to myself that this is a book that I wished I had written. This is such a book! It is a delightful, practical, interesting, and inspiring book! Danai has written a soon-to-be classic in the field! Her writing is excellent! Her use of theories, concepts, history, and models are wonderful!"--Illness, Crisis and Loss "Danai Papadatou [presents] an approach of Relational Care, care based on an understanding of relationships, that should be essential reading. [S]he writes in an engaging and non-technical language, and manages to convey complex ideas in a manner that is accessible to all." --Colin Murray Parkes, OBE, MD, FRCPsych President, *Cruse: Bereavement Care* (From the Foreword) "[A] wonderful contribution to the literature on caregiving and her well thought out ideas about relational caregiving are on the cutting edge. Congratulations." -- Lynne Ann DeSpelder CoAuthor, *The Last Dance: Encountering Death and Dying*, 8th edition "This is no ordinary academic textbook. It is nothing short of a masterpiece in which Papadatou provides the field of death, dying and bereavement with invaluable and constructive insights into the world of caring for the dying and bereaved."--Grief Matters "This is a fascinating book, applying important theoretical models in order to describe and speculate about how professionals manage to work in an environment where suffering and grief are constantly present. This is an important and substantial addition to the mostly self-help literature about self-care for caregivers."--Doody's Medical Reviews *In the Face of Death* explores the experiences of health care professionals who care for the seriously ill, the dying, and the bereaved. In this book, Danai Papadatou offers a practical approach to caregiving, as well as a breadth and depth of insight into both the patient's and the caregiver's responses to death. The author discusses the issues and challenges health care professionals face when treating dying and bereaved patients. Topics include: compassion fatigue, the inevitability of suffering and the potential for growth, suffering in the workplace, team functioning in death situations, and team resilience. The main themes are: *The Caring Relationship* focuses on the relationship between the care provider and the person who is dying or grieving, and proposes a new, relationship-based model of care *The Care Provider in Death Situations* addresses the health professional's personal responses to death, using a model that illustrates the grieving process of the health professional *The Team in the Face of Death* provides recommendations for effective, interdisciplinary care services that support dying or bereaved patients as well as the health care provider

A Time for Listening and Caring

This is a practical, accessible guide for nurses on the management and care of the dying and deceased patient. It outlines the practicalities and legal issues associated with death, the principles of caring for a patient who is dying, and the principles of dealing with death, both expected and unexpected. *Care of the Dying & Deceased Patient* explores all

Access PDF Caring For The Dying At Home A Practical Guide

the practical issues surrounding death, including symptom control, resuscitation, organ donation, how to break bad news, the last offices, cultural issues, post mortems and documentation issues. It also explores both the legal and ethical issues involved- including withholding/withdrawing treatment, assisted euthanasia, patient's property, wills etc. SPECIAL FEATURES A practical guide to the management of the dying and deceased patient Of use to all nurses and nursing students Accessible and user-friendly Written by an expert in the field

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