

Counselling Skills In Palliative Care Counselling Skills S

Occupational Therapy in Oncology and Palliative
CareCommunity Palliative CareParticipatory Research
in Palliative CarePalliative Care EthicsCurrent Clinical
Medicine E-BookThe Australian Journal of Advanced
NursingJuta's Counselling Handbook for Healthcare
ProfessionalsCounselling Skills for Health
ProfessionalsDignity TherapyCounselling Skills in
Palliative CarePalliative Care E-BookCounselling Skills
for Nurses, Midwives and Health VisitorsJournal of
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Occupational Therapy in Oncology and Palliative Care

This book examines contemporary developments in nursing and health care in relation to the fundamental philosophy of counselling, the practicalities of counselling and relevant theoretical underpinnings. Community nurses often find themselves in situations which require in-depth listening and responding skills: for example, in helping people come to terms with chronic illness, disability and bereavement.

Community Palliative Care

• How do professionals meet the needs of bereaved people?
• How do professionals undertake best practice with individuals, groups, families and communities?
• What are the implications for employing research to influence practice? This book provides a resource for working with a complex range of loss situations and includes chapters on childhood bereavement, and individual and family responses to loss and change. It contains the most up-to-date work in the field presented by experienced practitioners and researchers and is relevant not only for those working in specialist palliative care settings, but for professionals in general health and social care sectors. Strong links are maintained between research and good practice throughout the book. These are reinforced by the coherent integration of international research material and the latest thinking about loss and bereavement. Experts and clinicians draw upon their knowledge and practice, whilst the

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essential perspective of the service user is central to this book. *Loss, Change and Bereavement in Palliative Care* provides essential reading for a range of professional health and social care disciplines practising at postgraduate or post-registration/qualification level. It challenges readers, at an advanced level, on issues of loss, change and bereavement. Contributors Lesley Adshead, Jenny Altschuler, Peter Beresford, Grace Christ, Suzy Croft, Pam Firth, Shirley Firth, Richard Harding, Felicity Hearn, Jennie Lester, Gill Luff, Linda Machin, Jan McLaren, David Oliviere, Ann Quinn, Phyllis Silverman, Jean Walker, Karen Wilman.

Participatory Research in Palliative Care

The aim of this guide is to provide bereavement counsellors, nurses and doctors and other health care and social service professionals with knowledge, skills and values which assist them in the daunting task of helping children and their families at a time of the deepest possible distress and uncertainty, and to this end, to develop their understanding of how children and adults react to the loss, or imminent loss, of loved ones.

Palliative Care Ethics

Find out all you need to know about providing high-quality care to patients with serious illnesses from the 2nd edition of *Palliative Care: Core Skills and Clinical Competencies*. Drs. Linda L. Emanuel and S. Lawrence Librach, leaders in the field, address the clinical,

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physical, psychological, cultural, and spiritual dimensions that are integral to the care of the whole patient. They give you a broad understanding of the core clinical skills and competencies needed to effectively approach patient assessment, care of special populations, symptom control, ethical issues, and more. Clearly written in a user-friendly, high-yield format, this resource is your ultimate guidebook to the burgeoning practice of palliative medicine. Improve your pain management and symptom management skills with a better understanding of best practices in palliative care. Quickly review specific treatment protocols for both malignant and non-malignant illnesses, including HIV/AIDS, heart failure, renal failure, pulmonary disease, and neurodegenerative disease. Better understand and manage the common and unique challenges associated with delivering palliative care in various social settings, such as the ICU, hospice, and the home; and to diverse populations, such as children, elders, and vulnerable members of society. Expand your knowledge of palliative care issues with new chapters on Veterans, Special Populations, Prognostication, Delirium, Working with Families, Wound Care, Home Care, and Dealing with Economic Hardship. Find the information you need quickly and easily with a templated, high-yield format.

Current Clinical Medicine E-Book

The authors discuss the role of counselling skills as used by professionals, and those in training, working with patients and families of patients for whom

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treatment is no longer aimed at curing an illness.

The Australian Journal of Advanced Nursing

This text sets out to provide a review of policy on palliative care. It focuses not only on past and current policy, but also explores a number of major issues that recur in literature on this subject. It is aimed at people working within a spectrum of disciplines but primarily those working in palliative care.

Juta's Counselling Handbook for Healthcare Professionals

Community Palliative Care examines the complex support and information needs of seriously ill patients and their families and will encompass not only the patient's journey, but that of the family during the illness trajectory and into the bereavement period. The text is divided into three sections- professionals, patients and carers. The first section discusses the roles and contributions made by other members of the primary health care team and examines the role of the nurse. Section two explores the psychosocial support needed by patients receiving palliative care, and looks at the community palliative care clinical nurse specialists' role in relation to psychological, as well as practical problems surrounding a life threatening illness. The final section will look at the needs of the family and carers and the support that the community palliative care clinical nurse specialist can offer to the individuals. Included in this segment will be the

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complex issues faced by carers in relation to the changing roles within the family, children, death and bereavement.

Counselling Skills for Health Professionals

This book encourages health professionals to reconceptualise their practice in the light of the fact that their patients are deteriorating and dying, supporting them in their dichotomous role which involves affirming that person's life whilst acknowledging that that life is ending. Professionals are encouraged to think laterally, to be creative in their use of their core skills, and to use their life skills and experience to change the focus of their interventions. By making these changes, those involved with caring for the dying will be able to address issues related to burnout and feeling de-skilled. The authors share their considerable experience with the reader - what works for both patient and carer/professional when working in this field. By providing workable solutions, they empower those in disempowering situations, such as when working with terminally ill children and adults. The book is truly holistic and client-centred in its approach, upholding the philosophy of palliative care. Aimed at all who interact with children and adults who have a life-limiting condition or who are dying Offers practical examples of approaches to dilemmas and emotional issues commonly face by those working in palliative care Encourages professionals to think laterally, to be creative in their use of core skills, and

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to use their life skills and experience to change the focus of their interventions Moves the emphasis away from the medical model to the emotional and spiritual influences on quality of life Offers clear, workable guidelines and demonstrates practical solutions, based on proven theory and experience, to problems encountered on a day-to-day basis by patients and those coming into contact with them

Dignity Therapy

Africa, a region covering 22% of the earth's surface, is affected by widespread poverty and the AIDS pandemic. The loss of life resulting from this is increasingly becoming the focus of the world. This comprehensive text examines the development of palliative care services in 26 African countries, from various different perspectives.

Counselling Skills in Palliative Care

Opioid Therapy in the 21st Century, Second Edition provides clinicians with up-to-date, evidence-based information about appropriate opioid use, including the potential benefits and adverse affects of the therapy.

Palliative Care E-Book

The book covers both caring for the terminally ill and the 'actual' bereavement, thus providing guidance on the whole process of counselling patients and their families. Case studies include examples from cancer,

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AIDS, suicide , murder and fatal accidents. Problems counsellors may face in their work are discussed and a chapter is devoted to the needs of the counsellor themselves.

Counselling Skills for Nurses, Midwives and Health Visitors

Hardcover edition of a text specially relevant to students and practitioners in the health sciences, which provides a basic introduction to counselling in health care. It then focuses on a range of specific instances in which counselling has been of established value, including sexual counselling, counselling for families, counselling for women and counselling for drug users and those who are HIV positive. Includes bibliography and index. The authors are co-authors of 'Psychology for Nurses'.

Journal of Palliative Care

"Using the Oxford Textbook of Palliative Medicine Third Edition as their basic reference, Randall and Downie present their argument that the palliative care approach has become too busy and over-professionalised, and that it therefore has significant weaknesses. They examine the framework of the specialty - quality of life, autonomy, dignity, patient-centredness, and the priority assigned to relatives in the remit of care - and the moral problems associated with implementing such a philosophy. The resource implications of various health care policies are also discussed in relation to the WHO

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definition."--[Jaquette].

Counselling in Terminal Care and Bereavement

Multidisciplinary study of palliative care: reviews the processes of care, the problems of non-professional carers, the increasing integration of hospices within the NHS and questions of audit and quality.

Loss, Change, and Bereavement in Palliative Care

This handbook focuses primarily on the skills and strategies needed for effective communications between health professionals and patients trying to adapt to a fear-provoking diagnosis and an uncertain future. The practical guidelines have been tested over the years in clinical practice.

The Trainee Handbook

When the first edition of this book (Terminal Care Support Teams: the hospital-hospice interface, 1990) was written, there were only a few advisory palliative care teams working in hospitals. Since then the number of teams has grown rapidly. The concept of these teams is now widely accepted but there is an increased need for information about setting up a team, how they work and how effective they are. This book looks at the need for hospital-based palliative care teams and the challenges of bringing palliative care into the acute hospital setting. It reviews the

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needs of patients, their families and their professional carers, and also looks at the theoretical and practical problems which may be encountered. For example there is practical advice on setting up hospital-based palliative care teams, the selection of team members as well as coverage of team dynamics, and the role of the pain clinic and palliation oncology.

Counselling Skills in Palliative Care

Palliative Care

Supporting the Child and the Family in Paediatric Palliative Care provides a comprehensive overview of good practice in caring for terminally-ill children, young people and their families. Drawing from extensive personal experiences of working in paediatric palliative care, the author provides guidance on issues including symptom management and pain relief; cultural, religious and spiritual aspects of care; and the role of education for life-limited children. Addressing the importance of individual needs, the book looks at emotional, social and cognitive support at different stages of the illness, how parents and professionals can respond to children's own questions about death, and the impact of life-limiting illness on the whole family - including grandparents and siblings. The material offers helpful suggestions on how to support families in making informed choices during distressing periods, such as where their child will die and how to prepare for the funeral. This book is a practical and invaluable tool for

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nurses, paediatricians, hospice care staff, bereavement counsellors and all those caring for life-limited children.

Supporting Bereaved and Dying Children

Maintaining dignity for patients approaching death is a core principle of palliative care. Dignity therapy, a psychological intervention developed by Dr. Harvey Max Chochinov and his internationally lauded research group, has been designed specifically to address many of the psychological, existential, and spiritual challenges that patients and their families face as they grapple with the reality of life drawing to a close. In the first book to lay out the blueprint for this unique and meaningful intervention, Chochinov addresses one of the most important dimensions of being human. Being alive means being vulnerable and mortal; he argues that dignity therapy offers a way to preserve meaning and hope for patients approaching death. With history and foundations of dignity in care, and step by step guidance for readers interested in implementing the program, this volume illuminates how dignity therapy can change end-of-life experience for those about to die - and for those who will grieve their passing.

Policy in End-of-life Care

Praise for First Edition: 'I think it will become a 'must have' at the start of any course and an essential resource to be referred to over and over again' -
Counselling Psychology Review The Trainee

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Handbook, Second Edition, is designed as a companion to training in counselling, counselling psychology and psychotherapy. Unlike most texts which focus on theory and practice, this bestselling book identifies the broader knowledge and skills you will need to succeed in your training and as you make your first steps in practice. It includes new chapters on case formulation, personal and professional development, and continuing professional development.

Autism

International Journal of Palliative Nursing

Holistic models of palliative care frequently refer to spirituality as an important element. But what is meant by spirituality and how do we provide spiritual care? This work looks at how it is experienced and expressed in terminal care.

Palliative Care Services

Participatory research is a relatively new method of researching practice especially within palliative care. It differs from other methodologies in that there is an expectation of action within the research process. The values that underpin participatory research are collaboration, empowerment, and reflection. In the current climate of collaboration and working with people in healthcare, participatory research methods

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are gaining increasing interest when there is a desire to bring about change. Organisational change is becoming an important focus as we look at ways of not only reducing costs but at the same time improving quality of care. While palliative care puts the patient and family at the centre, Participatory Research in Palliative Care discusses a new research methodology that puts practitioners at the heart of the research process as collaborators who work together with researchers to resolve problems in practice. Divided into three sections, it provides theoretical groundings of action research, a greater focus on exemplars from studies within palliative care, and discusses prominent issues when using such a methodology. All three sections are illustrated by an action research study undertaken by the author within a palliative care setting. Participatory Research in Palliative Care is written by international, multi-disciplinary authors who explore a collaborative approach to embark on research. It will appeal to health and social care professionals, academics undertaking research within palliative care, and the management of organisations where people with end of life care needs are cared for, including long-term care homes.

Canadian Medical Education

"The health care professional working in a palliative care setting may be familiar with a professional counsellor working as a member of the care team. They may not always recognise the empowering effect that the use of empathy and counselling skills

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can have in their own encounters with patients and families. This book will give them the insight they need, the encouragement to apply skills, and the satisfaction that can come from the 'emotional holding' of distress, as well as the practical interventions that are a familiar part of clinical care." - Margaret Potter, Freelance Lecturer/Counsellor, Bereavement Studies "This is a very empowering book. With its emphasis on all health care professionals having an important role in listening, accepting and eliciting the feelings and fears of patients as they face the end of life. After reading this book, I felt reassured to see some of the ways that I handle these difficult issues illustrated, and stimulated to reflect on alternative ways that might be of help in the future. The text centres around a series of carefully drafted vignettes, which are then skillfully used in the subsequent text to illustrate issues in a grounded and relevant way" - Dr Stephen Barclay, General Practitioner, Honorary Consultant in Palliative Medicine, Health Services Research Training Fellow, University of Cambridge This book is for people working in palliative care, helping patients and families to manage and live with chronic and progressive illnesses where treatment is no longer aimed at a cure. Palliative care professionals are encouraged to work holistically, viewing themselves and their relationships with patients as significant therapeutic resources in their own right. The authors argue that sensitive counselling skills need to be used effectively by all palliative workers, not just by counsellors. The book discusses the place of counselling skills using an integrative biopsychosocial model of family systems medicine, taking into

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account interactions between family life cycles, social conceptions of illness and treatment, the psychosocial typology of particular diseases, and family/professional belief systems. Each chapter considers counselling skills in relation to the overall care system (including the professional team and the family), not just the patient with the disease. Ideas are explored through clinical vignettes of common scenarios in palliative care.

The British National Bibliography

Are you unsure about your cancer and palliative care placement? Do you need guidance on what to prepare to get the most out of your practice learning? Will you have the range of clinical skills to care for people with cancer? What learning opportunities will there be to meet your competencies? How can you maximise your learning during this placement? This book will help you with all these concerns. It will advise you on what to expect from the placement, what you can learn, how to link theory and practice, and how to make the most of your learning opportunities and meet your competencies. Takes a logical, step-by-step approach to preparing for learning on a cancer and palliative care placement Provides the principles of care, treatment and management of someone with a cancer diagnosis, linking university-learned theory to clinical practice Gives helpful evidence-based practice examples and resources to support placement learning Identifies clinical skills that underpin care of an individual with cancer Highlights potential learning opportunities and experiences

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available on a cancer and palliative care placement Explains how to develop your clinical portfolio by completing specific exercises and activities Maps all activities and exercises to the NMC competencies Advises on approaches to a range of situations that may arise as a student nurse Adopts a case-study approach to consolidating learning and to explore the patient pathway from pre-diagnosis, through a range of treatment options to living beyond cancer or end-of-life care. Series features: A unique guide to getting the most from clinical placements How to prepare for your placement What you can expect to learn during a placement Clear links to, and examples of, achieving NMC competencies Guidance on what to use as evidence for your portfolio Case studies that link theory with practice How to consolidate your experience and learn from the placement Tips, activities, further reading suggestions and useful websites.

The Dying Soul

Psychiatric & Mental Health Nursing - E-Book

Textbook of Palliative Care Communication

To lessen confusion and create a more uniform approach to counselling, this volume addresses various disciplines in three parts. The first section

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deals with basic communication skills; the second explores counselling skills; and the third presents specific situations for analysis. This applied approach provides a context to aid assimilation and skill development for health care workers.

Supporting the Child and the Family in Paediatric Palliative Care

This new book by international experts in psycho-oncology has arisen from the teaching academies offered by the International Psycho-oncology Society. It distills the wisdom and experience from the training manuals dedicated to individual psychological therapies and combines them into an accessible handbook for clinicians in cancer care today. The editors have brought together leading researchers and therapists, who provide accounts of the prominent models of psychotherapy currently being used in cancer care, the key themes they address and the essential techniques needed to apply each approach successfully. Helpful clinical illustrations are woven throughout the book to make overt the strategies found in each model. Provides practical guidance about how to deliver a range of individual, group, couple and family interventions that have proven utility in cancer care. Describes comprehensively each model of psychotherapy as taught by experts delivering the International Psycho-Oncology Society's Educational Academy on cancer care for patients and their families. Features practical suggestions on therapy delivery from the world's leading proponents of each therapy. Serves as a

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valuable tool to assist teaching and to facilitate research into psychological interventions in oncology, palliative care and bereavement. Functions as a readily accessible resource for clinicians struggling to support someone effectively, through its provision of insight into the common challenges and traps that arise when providing patients with emotional support. This practical handbook will help not only psychiatrists, psychologists and social workers but also physicians, surgeons, general practitioners and nurses interested in better understanding and supporting the patients and families they care for.

Talking to Cancer Patients and Their Relatives

Good counselling skills are often not taught to the professionals who need them most. Compassionate and tactful communication skills can make the difference between an awkward encounter with a dying patient, and an engaging, empathic bond between two people. Louis Heyse-Moore draws on his wealth of experience as a trained counsellor and palliative medicine specialist. Covering difficult subjects such as breaking the news of terminal illness to a patient, euthanasia and the effect of working with patients on carers, *Speaking of Dying* is a practical guide to using counselling skills for all clinical disciplines working in palliative care, whether in a hospice, hospital or at home. Complete with a clear explanation of both counselling and medical terminology, this hands-on guide will be an invaluable companion to anyone working in palliative care.

Opioid Therapy in the 21st Century

'The Textbook of Palliative Care Communication' is the authoritative text on communication in palliative care. Uniquely developed by an interdisciplinary editorial team to address an array of providers including physicians, nurses, social workers, and chaplains, it unites clinicians and academic researchers interested in the study of communication.

Handbook of Psychotherapy in Cancer Care

Hospice and Palliative Care in Africa

Nursing Times, Nursing Mirror

The new edition of Psychiatric and Mental Health Nursing focuses on practice in mental health and psychiatric care integrating theory and the realities of practice. Mental wellness is featured as a concept, and the consideration of a range of psychosocial factors helps students contextualise mental illness and psychiatric disorders. The holistic approach helps the student and the beginning practitioner understand the complex causation of mental illness, its diagnosis, effective interventions and treatments, and the client's experience of mental illness.

Hospital-based Palliative Care Teams

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This report reflects the shift in practice from predominantly cancer care to a much broader application of palliative care throughout the specialties.

Speaking of Dying

For anyone involved in palliative care, whatever level. It is written as a work-book with pauses for reflection, exercises, questions and answers.

The Philosophy of Palliative Care

Now in its second edition, this is the only book on occupational therapy in oncology and palliative care. It has been thoroughly updated, contains new chapters, and like the first edition will appeal to a range of allied health professionals working with patients with a life-threatening illness. The book explores the nature of cancer and challenges faced by occupational therapists in oncology and palliative care. It discusses the range of occupational therapy intervention in symptom control, anxiety management and relaxation, and the management of breathlessness and fatigue. The book is produced in an evidence-based, practical, workbook format with case studies. New chapters on creativity as a psychodynamic approach; outcome measures in occupational therapy in oncology and palliative care; HIV-related cancers and palliative care.

Counselling Skills in Palliative Care

The Future for Palliative Care

High standards of interpersonal communication are fundamental to effective health care delivery.

Communication Skills Training for Health Professionals succeeds in providing the sound theoretical basis and practical approach needed to implement a higher standard of care through better communication. This is an essential part of the relationship between the health care provider and both the client and carer, and of course, between providers themselves. By giving an explanation of the underlying rationale for CST, together with the principles of training programme design, implementation, transfer and evaluation, the book becomes essential as a resource, applicable in any health care setting.

Placement Learning in Cancer & Palliative Care Nursing - E-Book

Current Clinical Medicine's 2nd edition, by the world famous Cleveland Clinic, is an Internal Medicine reference that gives you authoritative and actionable information wherever you are, whenever you need it. More than 40 updated chapters, 13 new chapters, and 30% new illustrations ensure that you'll have access to the most up-to-date guidance. In addition to its user-friendly, easy-access format and consistent, reliable coverage, this Expert Consult title includes a website with the complete contents of the book, fully searchable, downloadable images, and more, to keep you and your practice completely current. Includes access to a website featuring the complete contents

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of the book, fully searchable, access to patient information sheets, links to the Gold Standard Drug database, and much more, to keep you completely current. Provides consistent, reliable coverage to keep you on the top of your game. Includes summary boxes and algorithms for quick, confident diagnosis and treatment of each condition. Features a user-friendly format so you can find information quickly and easily. Contains more than a hundred full-color illustrations with a special focus on dermatology for highly visual guidance. Uses evidence-based gradings to help you evaluate your diagnoses. Includes many new chapters—including Hepatocellular Carcinoma, Head and Neck Cancer, Takayasu's Arteritis, and Non-Hodgkin and Hodgkin Lymphoma—as well as more than 40 substantially revised chapters, that ensure that you'll have access to the most current coverage. Features 30% new illustrations that provide you with updated details, concepts, and procedures.

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