

## **Klonopin Lunch A Memoir Jessica Dorfman Jones**

I Totally Meant to Do That Trust Me, I'm Dr. Ozzy Teaching Autoethnography Fast Girl More, Now, Again! I'll Tell You in Person Wow, No Thank You. Blue Sky July Nice Is Just a Place in France Please God Let it Be Herpes Aviation Mental Health Return to the Big Fancy After a While You Just Get Used to It All Out Why Is My Mother Getting a Tattoo? Catching the Wolf of Wall Street The First Collection of Criticism by a Living Female Rock Critic Goddess of Light Hypocrite in a Pouffy White Dress Maggie Terry My Age of Anxiety Mother on Fire I Want to Kill the Dog I'm Not Gonna Lie The Goomba Diet Not That Kind of Girl The Art of Cheating End Emotional Eating Hot Cripple Not That You Asked Clonazepam Down the Up Escalator Let's Pretend This Never Happened Lizard Tales Lying in Weight The Repressed Memory Epidemic The Art of Making Dances The Wonder Bread Summer Klonopin Lunch Bipolar Disorder For Dummies

### **I Totally Meant to Do That**

A hilarious book by Richard M. Cohen, the New York Times bestselling author of *Blindsided* and *Strong at the Broken Places*, about living with his wife, Meredith Vieira, and her band of difficult dogs. "Has a couple ever gone to war or a spouse moved to another country because a pet came between them? Have two people other than my wife and me ever had such opposing feelings when it comes to domestic animals?" So wonders Richard M. Cohen, who has endured the beasts his wife, Meredith Vieira, has brought into the house to enrich their lives. Despite her unshakable affection for these furry creatures, the various animals have destroyed the serenity of a once calm household. Friends watch in stunned silence as the family frantically struggles to keep peace in this lawless land. Delivery people have fled in fear. Guests have cowered or simply laughed at the hideous shrieks, the current mutt's stab at intimidation. Then there are the cats that think they are ferocious jungle creatures. Weary of having animals run the show, Richard is fed up. These animals are destroying a home, and the life of one simple soul who seeks only peace and quiet. The King has been overthrown. The Queen and her court have taken over. That would be Meredith and her minions. *I Want to Kill the Dog* is more than a countercultural ode to those weary of the pet pedestal. It is a portrait of a marriage and of the redemptive power of humor and family when banishing the beast is not an option.

### **Trust Me, I'm Dr. Ozzy**

Bigger, Fancier, and more cutthroat than ever! When Freeman Hall left *The Big Fancy* to pursue his screenwriting dreams, he thought the horrors of working in a handbag department were finally over. But instead of fame and fortune, he found himself stuck behind a wall of script-killing rewrites, unable to make a living. In *Return to the Big Fancy*, Freeman shares his wildly entertaining journey back through the fiery gates of Retail Hell. He thought he had seen it all in his day, but with the bar set higher than ever before, employees are now graciously bowing before Corporate as they climb over fellow salespeople, and even friends, to earn enough transactions and commissions to actually survive. As he learns more of the wretchedness that has befallen the sales floor, he realizes that *The Big Fancy* has

its customers and its employees on a short leash. But leave it to Freeman and the threat of disappearing commissions to rally the retail slaves and show Corporate who's really in charge!

## Teaching Autoethnography

The #1 New York Times bestselling (mostly true) memoir from the hilarious author of *Furiously Happy*. “Gaspingly funny and wonderfully inappropriate.”—*O, The Oprah Magazine* When Jenny Lawson was little, all she ever wanted was to fit in. That dream was cut short by her fantastically unbalanced father and a morbidly eccentric childhood. It did, however, open up an opportunity for Lawson to find the humor in the strange shame-spiral that is her life, and we are all the better for it. In the irreverent *Let’s Pretend This Never Happened*, Lawson’s long-suffering husband and sweet daughter help her uncover the surprising discovery that the most terribly human moments—the ones we want to pretend never happened—are the very same moments that make us the people we are today. For every intellectual misfit who thought they were the only ones to think the things that Lawson dares to say out loud, this is a poignant and hysterical look at the dark, disturbing, yet wonderful moments of our lives. Readers Guide Inside

## Fast Girl

#1 NEW YORK TIMES BESTSELLER • Includes two new essays! NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY MICHIKO KAKUTANI, THE NEW YORK TIMES • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BUZZFEED, THE GLOBE AND MAIL, AND LIBRARY JOURNAL For readers of Nora Ephron, Tina Fey, and David Sedaris, this hilarious, wise, and fiercely candid collection of personal essays establishes Lena Dunham—the acclaimed creator, producer, and star of HBO’s *Girls*—as one of the most original young talents writing today. In *Not That Kind of Girl*, Dunham illuminates the experiences that are part of making one’s way in the world: falling in love, feeling alone, being ten pounds overweight despite eating only health food, having to prove yourself in a room full of men twice your age, finding true love, and most of all, having the guts to believe that your story is one that deserves to be told. “Take My Virginity (No Really, Take It)” is the account of Dunham’s first time, and how her expectations of sex didn’t quite live up to the actual event (“No floodgate had been opened, no vault of true womanhood unlocked”); “Girls & Jerks” explores her former attraction to less-than-nice guys—guys who had perfected the “dynamic of disrespect” she found so intriguing; “Is This Even Real?” is a meditation on her lifelong obsession with death and dying—what she calls her “genetically predestined morbidity.” And in “I Didn’t F\*\*\* Them, but They Yelled at Me,” she imagines the tell-all she will write when she is eighty and past caring, able to reflect honestly on the sexism and condescension she has encountered in Hollywood, where women are “treated like the paper thingies that protect glasses in hotel bathrooms—necessary but infinitely disposable.” Exuberant, moving, and keenly observed, *Not That Kind of Girl* is a series of dispatches from the frontlines of the struggle that is growing up. “I’m already predicting my future shame at thinking I had anything to offer you,” Dunham writes. “But if I can take what I’ve learned and make one menial job easier for you, or prevent you from having the kind of sex where you feel you must keep your sneakers on in case you want to run away during the act, then every

misstep of mine will have been worthwhile.” Praise for Not That Kind of Girl “The gifted Ms. Dunham not only writes with observant precision, but also brings a measure of perspective, nostalgia and an older person’s sort of wisdom to her portrait of her (not all that much) younger self and her world. . . . As acute and heartfelt as it is funny.”—Michiko Kakutani, *The New York Times* “It’s not Lena Dunham’s candor that makes me gasp. Rather, it’s her writing—which is full of surprises where you least expect them. A fine, subversive book.”—David Sedaris “This book should be required reading for anyone who thinks they understand the experience of being a young woman in our culture. I thought I knew the author rather well, and I found many (not altogether welcome) surprises.”—Carroll Dunham “Witty, illuminating, maddening, bracingly bleak . . . [Dunham] is a genuine artist, and a disturber of the order.”—*The Atlantic* From the Trade Paperback edition.

## **More, Now, Again**

Traces how the author walked away from a picture-perfect yet unfulfilling life in Greenwich village, describing her two-year fling with a seductive musician who led her into a dangerous world of sex and drugs before she resolved to make healthier choices. By the author of *The Art of Cheating*. 30,000 first printing.

## **I'll Tell You in Person**

This book offers a comprehensive overview of the concept of repressed memories. It provides a history and context that documents key events that have had an effect on the way that modern psychology and psychotherapy have developed. Chapters provide an overview of how human memory functions and works and examine facets of the misguided theories behind repressed memory. The book also examines the science of the brain, the reconstructive nature of human memory, and studies of suggestibility. It traces the present-day resurgence of a belief in repressed memories in the general public as well as among many clinical psychologists, psychiatrists, social workers, “body workers,” and others who offer counseling. It concludes with legal and professional recommendations and advice for individuals who deal with or have dealt with the psychotherapeutic practice of repressed memory therapy. Topics featured in this text include: The modern diagnosis of Dissociative Identity Disorder (DID) (once called MPD) The “Satanic Panic” of the 1980s and its relation to repressed memory therapy. The McMartin Preschool Case and the “Day Care Sex Panic.” A historical overview from the Great Witch Craze to Sigmund Freud’s theories, spanning the 16th to 19th centuries. An exploration of the cultural context that produced the repressed memory epidemic of the 1990s. The repressed memory movement as a religious sect or cult. The Repressed Memory Epidemic will be of interest to researchers and clinicians as well as undergraduate and graduate students in the fields of psychology, sociology, cultural studies, religion, and anthropology.

## **Wow, No Thank You.**

NEW YORK TIMES BESTSELLER The former middle distance Olympic runner and high-end escort speaks out for the first time about her battle with mental illness,

and how mania controlled and compelled her in competition, but also in life. This is a heartbreakingly honest yet hopeful memoir reminiscent of *Manic*, *Electroboy*, and *An Unquiet Mind*. During the 1990s, three-time Olympian Suzy Favor Hamilton was the darling of American track and field. An outstanding runner, a major sports apparel spokesperson, and a happily married wife, she was the model for an active, healthy, and wholesome life. But her perfect facade masked a dark truth: manic depression and bipolar disorder that drove her obsession to perform and win. For years after leaving the track, Suzy wrestled with her condition, as well as the loss of a close friend, conflicted feelings about motherhood and her marriage, and lingering shame about her athletic career. After a misdiagnosis and a recommendation for medication that only exacerbated her mania and made her hypersexual, Suzy embarked on a new path, and assumed a new identity. Fueled by a newfound confidence, a feeling of strength and independence and a desire she couldn't tamp down, she became a high-priced escort in Las Vegas, working as "Kelly." But Suzy could not keep her double life a secret forever. When it was eventually exposed, it sent her into a reckless suicidal period where the only option seemed out. Finally, with the help of her devoted husband, Suzy finally got the proper medical help she needed. In this startling frank memoir, she recounts the journey to outrun her demons, revealing how a woman used to physically controlling her body learned to come to terms with her unstable mind. It is the story of a how a supreme competitor scored her most important victory of all—reclaiming her life from the ravages of an untreated mental illness. Today, thanks to diagnosis, therapy, Kelly has stepped into the shadows, but Suzy is building a better life, one day at a time. Sharing her story, Suzy is determined to raise awareness, provide understanding, and offer inspiration to others coping with their own challenges.

## **Blue Sky July**

A humorist shares her quest to find the perfect kindergarten for her daughter in an L.A. where status dictates that youngsters attend private school, while dealing with the loss of her job, a therapist, and her evolution from manic status-seeking mom to community activist. A *New York Times* Editor's Choice. Reprint.

## **Nice Is Just a Place in France**

Can a man with a demanding job really be a good father? *All Out* is a bracingly honest answer from Emmy and Gemini Award-winning anchorman Kevin Newman and his grown son, Alex. Confessional and provocative, their memoir is also a touching meditation on ambition, absence and family that will resonate with every parent and child who've ever struggled to connect and understand each other. Kevin Newman wanted to be a family man in an era when fathers are expected to be more engaged than ever before; he also wanted to reach the top of a profession that demands 24/7 commitment. The higher he climbed, the more irreconcilable those aspirations seemed. Meanwhile, his artistic, solitary son, Alex, was wrestling with his own competing ambitions: to be the sporty, popular son his dad wanted, and to be true to himself. Paradoxically, their attempts to live up to expectations--their own, and each other's--were driving them apart. Then, two parallel identity crises forced a reckoning. Kevin reached the summit of American network television, becoming co-host of *Good Morning America*--where he was

instructed to develop a "quarterback" persona and change his accent, mannerisms, personality, hairstyle and everything else that made him Kevin. At the same time, Alex was realizing he was gay, but frantically trying to mask and change that fact. Both felt like failures and hungered for one another's approval, but didn't know how to bridge their differences. Today, a decade later, they retrace their steps (and missteps) to reinventing their relationship and becoming one another's role models for what it means to be a man in our culture. *All Out* is a moving chronicle of all the ways that fathers and sons misunderstand and disappoint one another--and a powerful reminder that they can become closer not despite their differences, but because of them.

## **Please God Let it Be Herpes**

Set between the summers of 1998 and 2005, *Blue Sky July* follows the story of Nia Wyn, a mother who battled against impossible odds to heal her son Joe, who was diagnosed with cerebral palsy soon after he was born. Told by doctors that he would never walk, talk, see, or even recognize her, Wyn devoted her every waking moment to exploring alternative treatments. Through an intimate portrayal of her day-to-day interactions with her son and partner--as well as her own internal struggles, perceptions, and celebrations--Wyn shares her own uplifting story of resilience in the face of tragedy.

## **Aviation Mental Health**

Ancient gods Artemis and Apollo get caught up in a game of love with a mortal woman in this Goddess Summoning novel from #1 New York Times bestselling author P. C. Cast. Tired of dating egomaniacs, interior designer Pamela Gray has nearly given up. She wants to be treated like a goddess—preferably by a god. As she whispers her wish, she unwittingly invokes the goddess Artemis, who has some tricks up her celestial sleeve... Twins Artemis and Apollo have been sent to the kingdom of Las Vegas to test their mettle. Their first assignment: make Pamela's wish come true. So Artemis volunteers her golden brother. After all, who better than the handsome God of Light to bring love to this lonely woman? It might be a first, but here in Sin City, where life is a gamble, both god and mortal are about to bet on a high-stakes game of love.

## **Return to the Big Fancy**

A girl with an eating disorder grows up. And then what? In this groundbreaking book, science journalist Trisha Gura explodes the myth that those who suffer from eating disorders, including anorexia nervosa and bulimia nervosa, are primarily teenage girls. In truth, twenty-five to thirty million American women twenty-five and older suffer from serious food issues, from obsessions with calorie counting to compulsions to starve then overeat. These diseases often linger from adolescence or emerge anew in the lives of adult women in ways that we are only now starting to recognize. Drawing on her own experience with anorexia, as well as the most up-to-date research and extensive interviews with clinicians and sufferers, Gura presents a startling, timely, and imperative investigation of eating disorders "all grown up," and offers hope through understanding.

## **After a While You Just Get Used to It**

LOOK, MAYBE YOU'RE A NICE GIRL, but we're guessing you're more like us or you probably wouldn't have picked up this book. Not that we have a problem with girls who are nice people. But being nice is just not the way to get what you want. And this book is about getting what you want. Not in like a finding happiness, giving back to the world, being grateful for what you have sort of way. But in a ruling your world, being the most desired, powerful badass in the room way, so you can come out on top of any situation: guys, career, friends, enemies, whatever. How does a betch make that happen? Here are some highlights: DON'T BE EASY. DON'T BE POOR. DON'T BE UGLY. We didn't come up with these life lessons. We're just the ones who wrote it all down. This is not self-help. Self-help is for fat people and divorcées. This is how to deal with your problems when you have no problems. You're welcome.

## **All Out**

This book provides an authoritative and practical guide to the assessment, management, treatment and care of pilots and other professional groups within aviation; covering a range of relevant topics, for health and human resources practitioners working in the airline industry. Pilot mental health has, hitherto, been regarded as a specialist topic in aviation medicine. Consequently, practitioners and researchers alike have been forced to consult specialist journals or seek out a relevant chapter on this topic in a general textbook to develop or update their understanding of the relevant issues. This book seeks to remedy this situation by gathering together all of the relevant insights into a single authoritative source gathered from the leading specialists in the field. It aims to cover all of the main relevant issues including the assessment, care, management and treatment of mental health problems, as well as the prevention of mental health problems among this occupational group.

## **Why Is My Mother Getting a Tattoo?**

Cheat? ME? Never!!! Well, except that one time Who says you should always tell the truth? With this handy informational guidebook you can con your way through life -- from finessing your resume, to lying about your age, to getting a date. Whether you've decided to cheat out of sheer desperation or the need to get ahead, The Art of Cheating provides essential tips and guidelines for how to be the ultimate swindler, and how to spot the con artists among us. You'll learn what it takes to be a great cheater, and the pros and cons to every swindle. As a newly minted master of deception, you'll be able to cheat: ¥ On a diet ¥ On your spouse or significant other (or both!) ¥ On your taxes ¥ On standardized tests ¥ Death And more! With clever illustrations and humorous deadpan delivery, The Art of Cheating will have you sleeping your way to the top, faking an illness, and forging someone else's handwriting -- without batting an eye.

## **Catching the Wolf of Wall Street**

Witty, insightful reflections on twentysomething struggles from "a writer beyond

gifted and generous” (Heidi Julavits). Flailing in jobs, failing at love, getting addicted and un-addicted to people, food, and drugs—I’ll Tell You in Person is a disarmingly frank account of attempts at adulthood and all the less than perfect ways we get there. Chloe Caldwell has an unsparing knack for looking within and reporting back what’s really there, rather than what she’d like you to see. “I couldn’t stop reading this book, and when I was finished I kept looking around to see where my awesome new friend went . . . I love this person’s life, and I love the way she writes about it—funny and blunt and chatty and truthful.” —Michelle Tea “I’ll read anything Chloe Caldwell writes. She’s a rare bird: fearless, dark, prolific, unpretentious, and truly honest.” —Elisa Albert “Her work is never less than fascinating.” —Brooklyn Magazine

## **The First Collection of Criticism by a Living Female Rock Critic**

If you eat to help manage your emotions, you may have discovered that it doesn’t work. Once you’re done eating, you might even feel worse. Eating can all too easily become a strategy for coping with depression, anxiety, boredom, stress, and anger, and a reliable reward when it’s time to celebrate. If you are ready to experience emotions without consuming them or being consumed by them, the mindfulness, acceptance, and dialectical behavior therapy (DBT) skills in End Emotional Eating can help. This book does not focus on what or how to eat—rather, these scientifically supported skills will teach you how to manage emotions and urges gracefully, live in the present moment, learn from your feelings, and cope with distress skillfully. This book has been awarded The Association for Behavioral and Cognitive Therapies Self-Help Seal of Merit — an award bestowed on outstanding self-help books that are consistent with cognitive behavioral therapy (CBT) principles and that incorporate scientifically tested strategies for overcoming mental health difficulties. Used alone or in conjunction with therapy, our books offer powerful tools readers can use to jump-start changes in their lives.

## **Goddess of Light**

Stop crying! The Goomba Diet is here—the dolce vita diet that shows you how to eat more, drink more, laugh more, live more, and feel great while you’re doing it. The Goomba Diet is the personal lifestyle guide from Steven R. Schirripa—Bobby “Bacala” Baccalieri from HBO’s hit series The Sopranos and author of the bestseller A Goomba’s Guide to Life. Developed over decades of dreaming about and then living the high life, it’s a how-to guide for happy living—how to duke a maître d’, how to order a good meal, how to be a good father, a good husband and a good friend, and how to behave at a wedding, a funeral, and on the job. You wanna have a good time? Do tip the maid; don’t tip the made guy. Do tip the D.J; don’t tip the D.A. Do tell the bride she’s beautiful; don’t tell her she’s hardly showing. Do give your kids an allowance; don’t offer to “make it interesting” by shooting craps for double or nothing. The Goomba Diet offers sensible weight-loss tips for the guy who’s gone too far: Touch your toes. If this is difficult, pay a guy to do it for you. It also offers helpful maintenance tips for the goomba who’s the perfect weight and wants to stay that way: Cut out those carbs. Only eat pastas that end in the letter i. So relax! Stop worrying about how much you’re eating, and start worrying about how much you’re enjoying it. Lose weight if you like—but live! Put a fork in your right hand, a hunk of bread in your left, and mangia like you mean it. HBO® and

The Sopranos® are service marks of Time Warner Entertainment Company, L.P.

## **Hypocrite in a Pouffy White Dress**

Wondering if science could explain how he survived his 40-year avalanche of drugs and alcohol, Ozzy Osbourne became one of a handful of people in the world to have his entire DNA mapped in 2010. It was a highly complex, \$65,000 process, but the results were conclusive: Ozzy is a genetic anomaly. The "Full Ozzy Genome" contained variants that scientists had never before encountered and the findings were presented at the prestigious TEDMED Conference in San Diego—making headlines around the world. The procedure was in part sponsored by The Sunday Times of London, which had already caused an international fururoe by appointing Ozzy Osbourne its star health advice columnist. The newspaper argued that Ozzy's mutiple near-death experiences, 40-year history of drug abuse, and extreme hypocondria qualified him more than any other for the job. The column was an overnight hit, being quickly picked up by Rolling Stone to give it a global audience of millions. In TRUST ME, I'M DR. OZZY, Ozzy answers reader's questions with his outrageous wit and surprising wisdom, digging deep into his past to tell the memoir-style survival stories never published before—and offer guidance that no sane human being should follow. Part humor, part memoir, and part bad advice, TRUST ME, I'M DR. OZZY will include some of the best material from his published columns, answers to celebrities' medical questions, charts, sidebars, and more.

## **Maggie Terry**

"Maggie Terry is the most beautiful, most bitter, most sweet, and all around best detective novel I've read in years. Precise, insightful, heartbreaking, and page turning." —Sara Gran, author of The Infinite Blacktop Post-rehab, Maggie Terry is single-mindedly trying to keep her head down in New York City. There's a madman in the White House, the subways are constantly delayed, summer is relentless, and neighborhoods all seem to blend together. Against this absurd backdrop, Maggie wants nothing more than to slowly re- build her life in hopes of being reunited with her daughter. But her first day on the job as a private investigator lands her in the middle of a sensational new case: actress strangled. If Maggie is going to solve this mystery, she'll have to shake the ghosts—dead NYPD partner, vindictive ex, steadfast drug habit—that have long ruled her life. Sarah Schulman is a literary chronicler of the marginalized and subcultural, focusing on queer urban life. She is the author of several books, including The Gentrification of the Mind, Conflict Is Not Abuse, and The Cosmopolitans. She is Distinguished Professor of the Humanities at CUN Y, and teaches creative writing at the College of Staten Island.

## **My Age of Anxiety**

I crush up my pills and snort them like dust. They are my sugar. They are the sweetness in the days that have none. They drip through me like tupelo honey. Then they are gone. Then I need more. I always need more. For all of my life I have needed more. A precocious literary light, Elizabeth Wurtzel published her groundbreaking memoir of depression, Prozac Nation, at the tender age of twenty-six. A worldwide success, a cultural phenomenon, the book opened doors to a

rarefied world about which Elizabeth had only dared to dream during her middle-class upbringing in New York City. But no success could staunch her continuous battle with depression. The terrible truth was that nothing had changed the emptiness inside Elizabeth. Her relationships universally failed; she was fired from every magazine job she held. Indeed, the absence of fulfillment in the wake of success became yet another seemingly insurmountable hurdle. When her doctor prescribed Ritalin to boost the effects of her antidepressant medication, Elizabeth jumped. And the Ritalin worked. And worked. And worked. Within weeks, she was grinding up the pills and snorting them for a greater effect. It reached the point where she couldn't go more than five minutes without a fix. It was Ritalin, and then cocaine, and then more Ritalin. In a harrowing account, Elizabeth Wurtzel contemplates what it means to be in love with something in your blood that takes over your body, becomes the life force within you -- and could ultimately kill you. *More, Now, Again* is an astonishing and timely story of a new kind of addiction. But it is also a story of survival. Elizabeth Wurtzel hits rock bottom, gets clean, uses again, and finally gains control over her drug and her life. As honest as a confession and as heartfelt as a prayer, *More, Now, Again* recounts a courageous fight back to a life worth living.

## **Mother on Fire**

From the author of *Kiss My Tiara* comes a funny and poignant collection of true stories about women coming of age that for once isn't about finding a date.

## **I Want to Kill the Dog**

Jane Borden is a hybrid too horrifying to exist: a hipster-debutante. She was reared in a proper Southern home in Greensboro, North Carolina, sent to boarding school in Virginia, and then went on to join a sorority in Chapel Hill. She next moved to New York and discovered that none of this grooming meant a lick to anyone. In fact, she hid her upbringing for many years--it was easier than explaining what a debutante "does" (the short answer: not much). Anyone who has moved away from home or lived in (or dreamed of living in) New York will appreciate the hilarity of Jane's musings on the intersections of and altercations between Southern hospitality and Gotham cool. From the Trade Paperback edition.

## **I'm Not Gonna Lie**

Written just before the author's death in 1958, this book is an autobiography in art, a gathering of experiences in performance, and a lucid and practical source book on choreography.

## **The Goomba Diet**

From Prada to poverty-one woman's harrowing and hilarious journey Ex-model Hogan Gorman was living the typical New York working actor's life-auditions and classes by day, waitressing and fending off handsy customers by night-when a wise (or just crazy) friend convinced her to ask the universe for a change. And she got one-coming at her at forty miles per hour. Hit by a car and suffering

debilitating injuries, and with no health insurance, the fashionista attempts to bounce back into her (thrift store-purchased) Jimmy Choos even as she deals with short-term memory loss, stalker ambulance drivers, trying to stay vegan on food stamps, crazy judges, hot doctors, and unsympathetic government workers. Inspired by her acclaimed one-woman show, this is a biting funny and keenly observed account of the cracks in our medical and social welfare system and how one woman's resilience combined with a generous dollop of humor helped her fight her way to recovery.

## **Not That Kind of Girl**

In this astounding account, Wall Street's notorious bad boy—the original million-dollar-a-week stock chopper—leads us through a drama worthy of *The Sopranos*, from the FBI raid on his estate to the deal he cut to rat out his oldest friends and colleagues to the conscience he eventually found. With his kingdom in ruin, not to mention his marriage, the Wolf faced his greatest challenge yet: how to navigate a gauntlet of judges and lawyers, hold on to his kids and his enraged model wife, and possibly salvage his self-respect. It wasn't going to be easy. In fact, for a man with an unprecedented appetite for excess, it was going to be hell. But the man at the center of one of the most shocking scandals in financial history soon sees the light of what matters most: his sobriety, and his future as a father and a man.

## **The Art of Cheating**

Get an accurate diagnosis and get on with enjoying and living your life! Bipolar Disorder affects many more people than just the millions who suffer from the disease. Like depression and other serious illnesses, bipolar disorder also affects spouses, partners, family members, friends, and coworkers. *Bipolar Disorder For Dummies* explains the brain chemistry behind the disease and covers the latest medications and therapies. You'll get reassuring, sound advice and self-help techniques that you and your loved ones, including kids and teens, can use to ease and eliminate symptoms, function in times of crisis, plan ahead for manic or depressive episodes, and feel a whole lot better. Covers new diagnosis methods developed by the American Psychiatric Association Increased coverage of genetics, biochemistry, and imaging studies relevant to bipolar disorder Advice on supporting a loved one (who may not want help) Updated and expanded medication guide and treatment options, including Deep Brain Stimulation Complete with fill-in-the-blank forms and charts, key online resources, and first-hand accounts from real people, *Bipolar Disorder For Dummies* gives you the latest information and self-help strategies you and your loved ones need to conquer this disease and get on with your lives.

## **End Emotional Eating**

Jessica Anya Blau, author of *The Summer of Naked Swim Parties*, delivers another darkly hilarious, heartbreaking coming-of-age novel with *Wonder Bread Summer*. In *The Wonder Bread Summer*, loosely based on *Alice in Wonderland*, 20-year-old Allie Dodgson has adventures that rival those Alice had down the rabbit hole. Or those of *Weeds*' Nancy Botwin. Allison is working at a dress shop to help pay for

college. The dress shop turns out to be a front for drug dealers. And Allison ends up on the run—with a Wonder Bread bag full of cocaine. With a hit man after her, Allison wants the help of her parents. But there's a problem: Her mom took off when Allison was eight; her dad moves so often Allison that doesn't even have his phone number.... Set in 1980s California, *The Wonder Bread Summer* is a wickedly funny and fresh caper that's sure to please fans of Christopher Moore, Carl Hiaasen, and Marcy Dermansky.

## **Hot Cripple**

The star of *Lizard Lick Towing* shares stories from the author's career as a small-town repo man while offering a wealth of his trademark "Ron-isms" and "Ron-osophy" gleaned from his family life in the Southern countryside. Original.

## **Not That You Asked**

Jessica Hopper's music criticism has earned her a reputation as a firebrand, a keen observer and fearless critic not just of music but the culture around it. With this volume spanning from her punk fanzine roots to her landmark piece on R. Kelly's past, *The First Collection* leaves no doubt why *The New York Times* has called Hopper's work "influential." Not merely a selection of two decades of Hopper's most engaging, thoughtful, and humorous writing, this book documents the last 20 years of American music making and the shifting landscape of music consumption. The book journeys through the truths of Riot Grrrl's empowering insurgency, decamps to Gary, IN, on the eve of Michael Jackson's death, explodes the grunge-era mythologies of Nirvana and Courtney Love, and examines emo's rise. Through this vast range of album reviews, essays, columns, interviews, and oral histories, Hopper chronicles what it is to be truly obsessed with music. The pieces in *The First Collection* send us digging deep into our record collections, searching to re-hear what we loved and hated, makes us reconsider the art, trash, and politics Hopper illuminates, helping us to make sense of what matters to us most.

## **Clonazepam**

The author recounts his lifelong battle with anxiety, showing the many manifestations of the disorder as well as the countless treatments that have been developed to counteract it, and provides a history of the efforts to understand this common form of mental illness.

## **Down the Up Escalator**

The newly-divorced stand-up comedian, actor and *New York Times* best-selling author embraces the next phase of his life as he turns 50 and discusses dating younger women and fighting to stay in shape after middle age.

## **Let's Pretend This Never Happened**

Humorist-writer-mammal Carlos Kotkin is lucky in love-if lucky in love means he's had enough horrible, pathetic, and downright bizarre dating experiences to write a

book. His trouble with females usually begins upon opening his mouth. Here, Carlos shares his ups and mostly downs of bachelorhood, including romantic conquests with a slew of childhood crushes, insane yogis, a Playboy vixen, a STD host, the flaky, the deaf, and the just plain dumb. His unique mating style is not to be duplicated, but it will definitely make readers laugh-and want to get tested ASAP.

## **Lizard Tales**

Traces the author's frustration with being perpetually cast in a child's role by her parents and her discovery that many of her friends experienced the same in their own families, in a whimsical account that describes her perplexity at witnessing her aging parent's haphazard regressive behaviors. Original.

## **Lying in Weight**

A Vintage Paperback Original. A new rip-roaring essay collection from the smart, edgy, hilarious, unabashedly raunchy, and bestselling Samantha Irby. Irby is forty, and increasingly uncomfortable in her own skin despite what Inspirational Instagram Infographics have promised her. She has left her job as a receptionist at a veterinary clinic, has published successful books and has been friendzoned by Hollywood, left Chicago, and moved into a house with a garden that requires repairs and know-how with her wife in a Blue town in the middle of a Red state where she now hosts book clubs and makes mason jar salads. This is the bourgeois life of a Hallmark Channel dream. She goes on bad dates with new friends, spends weeks in Los Angeles taking meetings with "tv executives slash amateur astrologers" while being a "cheese fry-eating slightly damp Midwest person," "with neck pain and no cartilage in [her] knees," who still hides past due bills under her pillow. The essays in this collection draw on the raw, hilarious particulars of Irby's new life. Wow, No Thank You is Irby at her most unflinching, riotous, and relatable.

## **The Repressed Memory Epidemic**

Clonazepam is used alone to treat certain seizure disorders (eg, Lennox-Gastaut syndrome, akinetic, myoclonic, and absence seizures). It is also used to treat panic disorder. It is used to treat epilepsy in grown-ups and old. It brings down the quantity of fits (seizures) that you have. Clonazepam is a benzodiazepine that works in the brain to prevent seizures.

## **The Art of Making Dances**

The iconoclastic author of Candyfreak presents a witty compilation of original essays that explore the moral dilemmas of modern-day America, ranging from aquatic onanism to the consumption of ham for Chanukah, as he takes on such topics as Sean Hannity, blogging, the Red Sox, Kurt Vonnegut, and more. Reprint. 15,000 first printing.

## **The Wonder Bread Summer**

Drawn from interviews with a diverse variety of Americans, a journalist reveals the human cost of the economic decline and demonstrates the resilience of ordinary Americans as they try to overcome huge economic challenges.

## **Klonopin Lunch**

Teaching Autoethnography: Personal Writing in the Classroom is dedicated to the practice of immersive ethnographic and autoethnographic writing that encourages authors to participate in the communities about which they write. This book draws not only on critical qualitative inquiry methods such as interview and observation, but also on theories and sensibilities from creative writing and performance studies, which encourage self-reflection and narrative composition. Concepts from qualitative inquiry studies, which examine everyday life, are combined with approaches to the creation of character and scene to help writers develop engaging narratives that examine chosen subcultures and the author's position in relation to her research subjects. The book brings together a brief history of first-person qualitative research and writing from the past forty years, examining the evolution of nonfiction and qualitative approaches in relation to the personal essay. A selection of recent student writing in the genre as well as reflective student essays on the experience of conducting research in the classroom is presented in the context of exercises for coursework and beyond. Also explored in detail are guidelines for interviewing and identifying subjects and techniques for creating informed sketches and images that engage the reader. This book provides approaches anyone can use to explore their communities and write about them first-hand. The methods presented can be used for a single assignment in a larger course or to guide an entire semester through many levels and varieties of informed personal writing.

## **Bipolar Disorder For Dummies**

"A vibrant new voice ups the self-deprecating memoir ante with tragicomic tales of her dysfunctional life in swampland Florida and America's Big Easy. A dive bar palm reader who calls herself the Disco Queen Taiwan; a slumlord with a penis-of-the-day LISTSERV; and Betty, the middle-aged Tales of the Cocktail volunteer who soils her pants on a party bus and is dealt with in the worst possible way. These are just a few of the unforgettable characters who populate Gwendolyn Knapp's hilarious and heartbreaking--yet ultimately uplifting--memoir debut, *After a While You Just Get Used to It*. Growing up among a dying breed of eccentric Florida crackers, Gwendolyn Knapp thinks she has it rough. What with her mother, Margie, who stockpiles Utne Readers and lightly damaged jewel CD cases on the off chance they'll come in useful someday; her aunt Susie, who boasts more prison stays than remaining teeth; and her great-aunt Libby and Libby's "older-than-death" dog, Britches; Knapp's childhood is unique, to say the least. But not long after Knapp moves to New Orleans, Margie packs up her House of Hoarders and follows along. As if Knapp weren't struggling enough to keep herself afloat, working odd jobs and trying to find love while suffering from irritable bowel syndrome, the thirty-year-old realizes that she's never going to escape her family's unendingly dysfunctional drama. Knapp honed her writing chops and distinctive Southern Gothic-humor style writing short pieces and participating in the renowned reading series Literary Death Match. Now, like bestselling authors Jenny Lawson, Laurie Notaro, and Julie

Klausner before her, Knapp bares her sad and twisted life for readers everywhere to enjoy"--

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