

Walking In Towns And Cities Report And Proceedings Of The Committee V 1 House Of Commons Papers

DK Eyewitness Travel Guide: Belgium and Luxembourg Walking Away From The Land Within Walking Distance Engineering Work in Towns and Cities Flâneuse Walkable City Town and Country Planning On Foot Engineering Work in Towns and Small Cities Walking Tours of Taxco de Alarcon Street Design 1001 Walks in Britain Planning The Complete Guide to Nordic Walking Nightwalking Cities of Light Walking the Spirit Getting It Right Teacher Support Packs 2 Levels 4-5A New Deal for Transport? Nature and Walking Walking in the Woods Sidewalks Walkable City Rules Every Pilgrim's Guide to Walking to Santiago de Compostela Urban Rambles Ourselves and Others: Scotland 1832-1914 Transport Policy: Learning Lessons from History Walking With God Traffic Jam Exploring Nature in Illinois Tomorrow Walking to New Orleans Walking the Earth Never a City So Real Walking in the City with Jane The Death and Life of Great American Cities Access for All Strong Towns Essays of Henry David Thoreau - Walking Walking Cities: London

DK Eyewitness Travel Guide: Belgium and Luxembourg

Walking Away From The Land

Nordic walking - a specific technique for walking with poles that is far more effective in burning calories and whole-body toning than walking alone - is growing rapidly in the UK and worldwide. Here at last is a clear, simple guide to help you understand everything you need to know about Nordic walking whether you are a beginner, a more experienced Nordic walking enthusiast or a health and fitness professional. The Complete Guide to Nordic Walking expels all the myths and simply provides advice and information on how to Nordic walk, who with, where and most importantly why. Organised into clear sections to help you to find exactly what you are looking for quickly, the guide is packed with tips, case studies, research, exercise plans and equipment advice, it is the complete manual for Nordic walkers of all levels. The book is endorsed by Nordic Walking UK and has contributions from worldwide experts including Martin Christie (who brought Nordic walking to the UK) Tom Rutlin, Jose Manual Fernandez Molina and Fabio Moretti.

Within Walking Distance

Examines the evolution of an undervalued urban space and how conflicts over competing uses--from the right to sit to the right to parade--have been negotiated.

Engineering Work in Towns and Cities

This revised and updated volume of the New History of Scotland series explores a period of intense identity formation in Scotland. Examining the 'us and them' mentality, it delivers an account of the blended nature of Scottish society through the transformations of the industrial era from 1832 to 1914. Alongside the history of

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Scotland's national identity, and its linked political and social institutions, is an account of the changing nature of society within Scotland and the relentless eddy of historical developments from home and away. Where previous histories of this period have focused on industry, this book will take a closer look at the people that helped to form Scottish national identity. Graeme Morton shows that identity was a key element in explaining Industrial Scotland, charting the interplay between the micro and the macro and merging the histories of the Scots and the Scottish nation.

Flâneuse

Examines the factors influencing human migration from the earliest people in Africa in search of homelands up to the modern era of forced migration due to war and poverty.

Walkable City

A 30 page book of the History, Legends, and Step-by-Step instructions for touring this 460+ year old Spanish Colonial city. The legends are authentic, and have been handed down generation after generation. The booklet has lots of historic and full color pictures, and is suitable for saving as a souvenir.

Town and Country Planning

Walking the Spirit explores a unique and compelling topic—the cultural and spiritual dimensions of walking. Drawing on a wide variety of historical, cultural, and religious perspectives, Dr. Rotholz probes the intriguing and deeply profound meaning to be found behind a universe in motion. Written in layman's terms from a first-person perspective, Walking the Spirit draws upon many of the author's experiences as an anthropologist, avid outdoorsman, and international Christian aid worker to countries in Africa, Asia, and Central America. Among the topics explored is the idea that the neighborhood walk represents an apt metaphor for our journey through life, an idea the author develops into a novel and far-reaching perspective on human society, the world of nature, and the biblical account from Genesis to Revelation. Whether on a casual stroll through suburbia, a distant pilgrimage to Mecca, or crossing the very threshold of death, Walking the Spirit allows the reader to positively identify and better understanding the one common denominator that makes each daily activity meaningful and coherent in the larger scope of things. spirituality, the world of nature, and the grand themes of human existence.

On Foot

In *Within Walking Distance*, journalist and urban critic Philip Langdon looks at why and how Americans are shifting toward a more human-scale way of building and living. He shows how people are creating, improving, and caring for walkable communities. To draw the most important lessons, Langdon spent time in six communities that differ in size, history, wealth, diversity, and education, yet share crucial traits: compactness, a mix of uses and activities, and human scale. To

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improve conditions and opportunities for everyone, Langdon argues that places where the best of life is within walking distance ought to be at the core of our thinking. This book is for anyone who wants to understand what can be done to build, rebuild, or improve a community while retaining the things that make it distinctive.

Engineering Work in Towns and Small Cities

Comprising contributions from a range of experts, this volume offers a critical commentary on the government's sustainable transport policy. A critical commentary on the Blair government's sustainable transport policy and its implementation. Firmly rooted in an appreciation of the politics of this controversial field. Experts contribute up-to-the-minute analyses of the key issues. Will inform debate over the future of transport policy. Includes a Foreword by David Begg, Chair of the Commission for Integrated Transport.

Walking Tours of Taxco de Alarcon

Jeff Speck has dedicated his career to determining what makes cities thrive. And he has boiled it down to one key factor: walkability. The very idea of a modern metropolis evokes visions of bustling sidewalks, vital mass transit, and a vibrant, pedestrian-friendly urban core. But in the typical American city, the car is still king, and downtown is a place that's easy to drive to but often not worth arriving at. Making walkability happen is relatively easy and cheap; seeing exactly what needs to be done is the trick. In this essential new book, Speck reveals the invisible workings of the city, how simple decisions have cascading effects, and how we can all make the right choices for our communities. Bursting with sharp observations and real-world examples, giving key insight into what urban planners actually do and how places can and do change, *Walkable City* lays out a practical, necessary, and eminently achievable vision of how to make our normal American cities great again.

Street Design

The New York Times Book Review Editor's Choice The flâneur is the quintessentially masculine figure of privilege and leisure who strides the capitals of the world with abandon. But it is the flâneuse who captures the imagination of the cultural critic Lauren Elkin. In her wonderfully gender-bending new book, the flâneuse is a "determined, resourceful individual keenly attuned to the creative potential of the city and the liberating possibilities of a good walk." Virginia Woolf called it "street haunting"; Holly Golightly epitomized it in *Breakfast at Tiffany's*; and Patti Smith did it in her own inimitable style in 1970s New York. Part cultural meander, part memoir, *Flâneuse* takes us on a distinctly cosmopolitan jaunt that begins in New York, where Elkin grew up, and transports us to Paris via Venice, Tokyo, and London, all cities in which she's lived. We are shown the paths beaten by such flâneuses as the cross-dressing nineteenth-century novelist George Sand, the Parisian artist Sophie Calle, the wartime correspondent Martha Gellhorn, and the writer Jean Rhys. With tenacity and insight, Elkin creates a mosaic of what urban settings have meant to women, charting through literature, art, history, and

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film the sometimes exhilarating, sometimes fraught relationship that women have with the metropolis. Called “deliciously spiky and seditious” by The Guardian, Flâneuse will inspire you to light out for the great cities yourself.

1001 Walks in Britain

Planning

Every year, some 200,000 people set out on the world's most famous pilgrimage route - 'the Camino', designated a World Heritage Site in 1993. Actually a network of paths with numerous starting places in France and throughout Europe, all routes converge to lead along Spain's northern coast to Santiago de Compostela. Here the shrine of St James, the patron saint of pilgrimage, was discovered in the 9th century. 2010 is designated as a Holy Year for Santiago and this guide is co-published with the Confraternity of St James, the UK's leading organisation for promoting pilgrimage to Santiago. Already the preferred guide for German and Spanish pilgrims, this new English edition will be widely welcomed and officially recommended. A mix of practical information and spiritual inspiration for walkers, it offers a stage-by-stage guide pointing out places of interest along the way; practical tips for walkers; prayers, blessings and spiritual exercises to nourish the pilgrim spirit and deepen the pilgrimage experience. It is illustrated throughout with maps and photographs and is conveniently pocket sized.

The Complete Guide to Nordic Walking

Walking Away from the Land focuses on the rapid cultural and climatic changes occurring at the crest of the North American continent. They are challenging the survival of our forests, grasslands, native wildlife, and our very civilization. This book details a three-summer Odyssey hiking the length of the Continental Divide Trail from the Canadian Rockies to the Mexican border. It focuses on the region's cultural and natural history, while using the author's personal history as a Peace Corps volunteer in Nepal and as an Oregon forester to underline the dangers we face as an increasingly urbanized society.

Nightwalking

Cities of Light

Loaded with full color photographs and evocative descriptions, Exploring Nature in Illinois provides a panorama of the state's overlooked natural diversity. Naturalists Michael Jeffords and Susan Post explore fifty preserves, forests, restoration areas, and parks, bringing an expert view to wildlife and landscapes and looking beyond the obvious to uncover the unexpected beauty of Illinois's wild places. From the colorful variety of birds at War Bluff Valley Audubon Sanctuary to the exposed bedrock and cliff faces of Apple River Canyon, Exploring Nature in Illinois will inspire readers to explore wonders hidden from urban sprawl and cultivated farmland. Maps and descriptions help travelers access even hard-to-find sites while

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a wealth of detail and photography offers nature-lovers insights into the flora, fauna, and other aspects of vibrant settings and ecosystems. The authors also include diary entries describing their own impressions of and engagement with the sites. A unique and much-needed reference, *Exploring Nature in Illinois* will entertain and enlighten hikers, cyclers, students and scouts, morning walkers, weekend drivers, and anyone else seeking to get back to nature in the Prairie State.

Walking the Spirit

Together in one volume, Emerson's *Nature* and Thoreau's *Walking*, is writing that defines our distinctly American relationship to nature.

Getting It Right Teacher Support Packs 2 Levels 4-5

Two and a half years after the devastation of Hurricanes Katrina and Rita, New Orleans and south Louisiana continue to struggle in an unsettled gumbo of environmental, social, and rebuilding chaos. Citizens await the fruition of four successive recovery and reconstruction planning processes and the realization of essential infrastructure repairs. Repopulation in Orleans Parish has slowed considerably; the parish remains at best two-thirds of its former size; thousands of former residents who wish to return face barriers of many kinds. Heroic efforts at rebuilding have occurred through the efforts of individual neighborhood associations and voluntary associations who have attempted to address serious losses in affordable housing and health care services. *Walking to New Orleans* traces how a dominant but paradoxical model of the relation between the human and natural worlds in Western culture has informed many environmental and engineering dilemmas and has contributed to the history of social inequities and injustice that anteceded the disasters of the hurricanes and subsequent flooding. It proposes a model for collaborative recovery that links principles of ethics and engineering, in which citizens become active, ongoing participants in the process of the reconstruction and redesign of their unique locus of habitation. Equally important, it gives voice to the citizens and associations who are desperately working to rebuild their homes and lives both in urban New Orleans and in the villages of coastal Louisiana.

A New Deal for Transport?

Cities of Light is the first global overview of modern urban illumination, a development that allows human wakefulness to colonize the night, doubling the hours available for purposeful and industrious activities. Urban lighting is undergoing a revolution due to recent developments in lighting technology, and increased focus on sustainability and human-scaled environments. *Cities of Light* is expansive in coverage, spanning two centuries and touching on developments on six continents, without diluting its central focus on architectural and urban lighting. Covering history, geography, theory, and speculation in urban lighting, readers will have numerous points of entry into the book, finding it easy to navigate for a quick reference and or a coherent narrative if read straight through. With chapters written by respected scholars and highly-regarded contemporary practitioners, this

book will delight students and practitioners of architectural and urban history, area and cultural studies, and lighting design professionals and the institutional and municipal authorities they serve. At a moment when the entire world is being reshaped by new lighting technologies and new design attitudes, the longer history of urban lighting remains fragmentary. Cities of Light aims to provide a global framework for historical studies of urban lighting and to offer a new perspective on the fast-moving developments of lighting today.

Nature and Walking

Walking in the Woods

A new way forward for sustainable quality of life in cities of all sizes Strong Towns: A Bottom-Up Revolution to Build American Prosperity is a book of forward-thinking ideas that breaks with modern wisdom to present a new vision of urban development in the United States. Presenting the foundational ideas of the Strong Towns movement he co-founded, Charles Marohn explains why cities of all sizes continue to struggle to meet their basic needs, and reveals the new paradigm that can solve this longstanding problem. Inside, you'll learn why inducing growth and development has been the conventional response to urban financial struggles—and why it just doesn't work. New development and high-risk investing don't generate enough wealth to support itself, and cities continue to struggle. Read this book to find out how cities large and small can focus on bottom-up investments to minimize risk and maximize their ability to strengthen the community financially and improve citizens' quality of life. Develop in-depth knowledge of the underlying logic behind the "traditional" search for never-ending urban growth Learn practical solutions for ameliorating financial struggles through low-risk investment and a grassroots focus Gain insights and tools that can stop the vicious cycle of budget shortfalls and unexpected downturns Become a part of the Strong Towns revolution by shifting the focus away from top-down growth toward rebuilding American prosperity Strong Towns acknowledges that there is a problem with the American approach to growth and shows community leaders a new way forward. The Strong Towns response is a revolution in how we assemble the places we live.

Sidewalks

"Chicago is a tale of two cities," headlines declare. This narrative has been gaining steam alongside reports of growing economic divisions and diverging outlooks on the future of the city. Yet to keen observers of the Second City, this is nothing new. Those who truly know Chicago know that for decades—even centuries—the city has been defined by duality, possibly since the Great Fire scorched a visible line between the rubble and the saved. For writers like Alex Kotlowitz, the contradictions are what make Chicago. And it is these contradictions that form the heart of Never a City So Real. The book is a tour of the people of Chicago, those who have been Kotlowitz's guide into this city's – and by inference, this country's – heart. Chicago, after all, is America's city. Kotlowitz introduces us to the owner of a West Side soul food restaurant who believes in second chances, a steelworker

turned history teacher, the “Diego Rivera of the projects,” and the lawyers and defendants who populate Chicago’s Criminal Courts Building. These empathic, intimate stories chronicle the city’s soul, its lifeblood. This new edition features a new afterword from the author, which examines the state of the city today as seen from the double-paned windows of a pawnshop. Ultimately, *Never a City So Real* is a love letter to Chicago, a place that Kotlowitz describes as “a place that can tie me up in knots but a place that has been my muse, my friend, my joy.”

Walkable City Rules

An illustrated city walking guide like no other. Whether you’re a city-dweller who wants to explore your home turf, or a keen country walker who likes the idea of trying something different, or a discerning weekend breaker who wants to get under the skin of a city in a day or two, *Urban Rambles* is the book to inspire you to get out and explore your nearest city on foot. Each of these 20 walks includes: a GPS enabled map configured for your mobile device specially commissioned illustrations of the route and walk data inspiring photographs of the things you will see along the way information on green spaces and architectural gems recommended cafes, pubs and independent shops

England’s cities have become much more walkable places in the last decade, with huge investments in green spaces, redevelopment of old industrial areas and a complete urban planning re-think in favour of pedestrians. Walking in a city is the healthy lifestyle choice, offering you the chance to exercise and the calming powers of green spaces. Choose from cathedral cities like York and Lincoln, seats of learning like Cambridge and Oxford, trading ports like Bristol and Liverpool, cities designed for pleasure like Brighton and Bath. Choose to visit Victorian industrial cities Manchester, Sheffield and Birmingham, and of course the nation’s capital, where a new 25-mile circular route takes you from urban regeneration through the Olympic Park and past rivers, parks and palaces.

Every Pilgrim's Guide to Walking to Santiago de Compostela

Now available in PDF format. DK Eyewitness: Belgium & Luxembourg travel guide will lead you straight to the best attractions these countries have to offer. Packed with photographs, illustrations, and maps of Belgium and Luxembourg, the guide includes in-depth coverage of the region's best attractions, from fine art in Brussels to the canals of Bruges, the battlefields of Flanders and the best castles, museums, and architecture in between. Illustrated food features highlight local produce and classic dishes of Belgium and Luxembourg while the best hotels and restaurants in Belgium and Luxembourg have been selected by resident experts. The guide provides the insider knowledge every traveler will need with sections on Flanders and Wallonia, specially devised walks, scenic and thematic tours, and comprehensive background on everything from Tintin to tapestry, not forgetting the best of Belgian beer. The guide includes family entertainment in Belgium, regional driving tours, cutaways, and floor plans for all major attractions as well as sights, markets, and festivals listed town by town. Also included is the new feature of a pull-out Belgium and Luxembourg map, which will ensure you won't miss a thing! Make the most of your vacation with the DK Eyewitness Travel guidebook to Belgium and Luxembourg.

Urban Rambles

How one committed woman changed the way we think about cities. Jane Jacobs was always a keen observer of her community. When she moved to New York City and began to explore it, she figured out that, just like in nature, the city was an ecosystem. And all its different parts — from sidewalks and parks, to stores and, of course, people — were necessary to keep the city healthy and thriving. So, when urban planner Robert Moses wanted to build highways that would destroy neighborhoods — the lifeblood of New York — Jane fought back. And won! Kids will be inspired to notice the “sidewalk ballet” around them and to protect what makes their communities — and their cities — great!

Ourselves and Others: Scotland 1832-1914

Transport Policy: Learning Lessons from History

The contents of this book are a part of two teaching sessions in the church in Yaounde; February 1983 and February 1986. The messages in the present form have been copied from cassette recordings. We pray that as you read these messages, you may be blessed in your walk with the Lord. 13th November 2008. Zacharias Tanee Fomum P. O. Box 6090 Yaounde Cameroon. © Zacharias Tanee Fomum.

Walking With God

Traffic Jam

Walking Cities: London (second edition) brings together a new interdisciplinary field of artists, writers, architects, musicians, human geographers and philosophers to consider how a city walk informs and triggers new processes of making, thinking, researching and communicating. In particular, the book examines how the city contains narratives, knowledge and contested materialities that are best accessed through the act of walking. The varied contributions take the form of short stories, illustrated essays, personal reflections and accounts of walks both real and fictional. While artist and RCA tutor Rut Blees Luxemburg and philosopher Jean-Luc Nancy recount a nocturnal journey from Shoreditch to the City of London; architect Peter St John of the practice Caruso St John offers a detailed and personal reflection on the Holloway Road; and architect and author Douglas Murphy examines what he calls London's 'more politically charged locations' in his account of a solitary walk through an area of South London. Ultimately, Walking Cities: London seeks to understand the wider significance of changing geographies to generate critical questions and creative perspectives for navigating the social and political impact of rapid urban change.

Exploring Nature in Illinois

The key aim of this volume is to demonstrate ways in which an understanding of

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history can be used to inform present-day transport and mobility policies. This is not to say that history repeats itself, or that every contemporary transport dilemma has an historical counterpart: rather, the contributors to this book argue that in many contexts of transport planning a better understanding of the context and consequences of past decisions and processes could lead to more effective policy decisions. Collectively the authors explore the ways in which the methods and approaches of historical research may be applied to contemporary transport and policy issues across a wide range of transport modes and contexts. By linking two bodies of academic research that for the most part remain separate this volume helps to inform current transport and mobility policies and to stimulate innovative new research that links studies of both past and present mobilities.

To-morrow

Walks of 2 to 10 miles in every corner of Britain.

Walking to New Orleans

This book offers a timely analysis of the UK government's sustainable transport policy 10 years after the publication of A New Deal for Transport: Better for Everyone.

Walking the Earth

The founder of the Garden City Association outlines his radical new approach to urban planning. First published in 1898.

Never a City So Real

"The best streets in the world's villages, towns, and cities—whether modest or grand—continually remind one that simplicity is part of the recipe for success in this art. The advice of Victor Dover and John Massengale, their historic examples and their own designs, reflect that simplicity." —From the Foreword by HRH The Prince of Wales "Street Design is a lucid, practical and altogether indispensable guide for envisioning and creating vibrant 21st century towns and cities. It should be required reading for every local political leader, planner, architect, real estate developer and engaged urban citizen in America." —Kurt Andersen, host of Studio360 and author of TrueBelievers "We are going to start walking around the places we live again, and as that occurs and becomes normal, we will rapidly redevelop a demand for higher quality in building at the human scale." —From the Afterword by James Howard Kunstler "Your charrette traveling library must include the important Street Design book by Victor Dover and John Massengale." —Bill Lennertz, Executive Director, National Charrette Institute "What an amazing resource! For those who wish that my book, Walkable City, had pictures, this is the book for you. If either your work or your play includes the making of places, you will find Street Design to be an invaluable tool." —Jeff Speck, AICP, CNU-A, LEED-AP, Hon. ASLA
Written by two accomplished architects and urban designers, this user-friendly street design manual shows both how to design new streets and enhance existing ones. It offers step-by-step instruction and shares examples of excellent streets,

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examining the elements that make them successful as well as how they were redesigned and created. Topics also include strategies for shaping space in the public right-of-way through correct building height to street width ratios, terminated vistas, landscaping, and street geometry. This book is a valuable resource for urban designers, planners, architects, and engineers. With guest essays from: Kaid Benfield, David Brussat, Javier Cenicacelaya, Hank Dittmar, Andres Duany, Douglas Duany, Emily Glavey, Chip Kaufman, Ethan Kent, Marieanne Khoury-Vogt, Léon Krier, Gianni Longo, Thomas Low, Laura Lyon, Chuck Marohn, Paul Murrain, John Norquist, Stefanos Polyzoides, Gabriele Tagliaventi and Erik Vogt.

Walking in the City with Jane

Thirty years after its publication, *The Death and Life of Great American Cities* was described by *The New York Times* as "perhaps the most influential single work in the history of town planning. [It] can also be seen in a much larger context. It is first of all a work of literature; the descriptions of street life as a kind of ballet and the bitingly satiric account of traditional planning theory can still be read for pleasure even by those who long ago absorbed and appropriated the book's arguments." Jane Jacobs, an editor and writer on architecture in New York City in the early sixties, argued that urban diversity and vitality were being destroyed by powerful architects and city planners. Rigorous, sane, and delightfully epigrammatic, Jacobs's small masterpiece is a blueprint for the humanistic management of cities. It is sensible, knowledgeable, readable, indispensable. The author has written a new foreword for this Modern Library edition.

The Death and Life of Great American Cities

Thoreau challenges us will understand that man is part of nature, man being one of the most important aspects of its manifestation. *Walking* was originally submitted in one of his lectures in 1851 titled "The Wild" and published as essay years after his death with the title "Walking." Your message is poetic and full of beauty, his words serve as inspiration for writers and nature lovers throughout the world.

Access for All

This teacher's support pack is one of a series of support materials and textbooks designed to help pupils to develop their IT capability and apply ICT across all subject areas. It aims to explain how to use word processing, spreadsheet, database, control, graphics and communications software as well as how to solve problems and develop IT capability, including the use of ICT to find things out, to develop ideas and make things happen, to share information and to review, modify and evaluate work as it progresses. This pack provides a wide range of support resources for pupils and teachers including: Units of work (Lesson plans), worksheets (support and extension) and cross-curricular applications. Assessment resources are unit tasks, assessment checklists and evaluation sheets.

Strong Towns

"The eldest of ten children, Belcourt grew up in a small log home near the Métis

settlement of Lac Ste. Anne during the Depression. His father purchased furs from local First Nations and Métis trappers and, with arduous work, began a family fur trading business that survives to this day. When Belcourt left home at 15 to become a labourer in coal mines and sawmills, his father told him to save his money so he could work for himself. Over the next three decades, Belcourt began a number of small Alberta businesses that prospered and eventually enabled him to make significant contributions to the Métis community in Alberta." -- Amazon.ca website.

Essays of Henry David Thoreau - Walking

"I have met with but one or two persons in the course of my life who understand the art of Walking, that is, of taking walks, who had a genius, so to speak, for sauntering." — Henry David Thoreau (1817—1862) " Everything is within walking distance if you have the time." —Stephen Wright (1955—) For approximately six million years, humans have walked the earth. This is the story of how, why, and to what effect we put one foot in front of the other. Walking has been the primary mode of locomotion for humans until very recent times when we began to sit and ride—first on horses and in carriages, then trains and bicycles, and finally cars, trucks, buses, and airplanes—rather than go on foot. The particular way we saunter, clomp, meander, shuffle, plod along, jaunt, tramp, and wander on foot conveys a wealth of information about our identity, condition, and destination. In this fast-stepping social history, Joseph A. Amato takes us on a journey of walking—from the first human migrations to marching Roman legions and ancient Greeks who considered man a "featherless biped"; from trekking medieval pilgrims to strolling courtiers; from urban pavement pounders to ambling window shoppers to suburban mall walkers. Concentrating on walking in Europe and North America and with particular focus on how walking differed according to social class, Amato distinguishes how, where, when, who, what, and under which conditions people moved on foot. He identifies crucial transformations in the history of walking, including the adoption of the horse by the mounted warrior; the rise of public display among European nobility; and the building of roads and transportation systems, which led to the inevitable ascent of the wheel over the foot.

Walking Cities: London

"Cities, like cats, will reveal themselves at night," wrote the poet Rupert Brooke. Before the age of electricity, the nighttime city was a very different place to the one we know today—home to the lost, the vagrant and the noctambulant. Matthew Beaumont recounts an alternative history of London by focusing on those of its denizens who surface on the streets when the sun's down. If nightwalking is a matter of "going astray" in the streets of the metropolis after dark, then nightwalkers represent some of the most suggestive and revealing guides to the neglected and forgotten aspects of the city. In this brilliant work of literary investigation, Beaumont shines a light on the shadowy perambulations of poets, novelists and thinkers: Chaucer and Shakespeare; William Blake and his ecstatic peregrinations and the feverish ramblings of opium addict Thomas De Quincey; and, among the lamp-lit literary throng, the supreme nightwalker Charles Dickens. We discover how the nocturnal city has inspired some and served as a balm or narcotic to others. In each case, the city is revealed as a place divided between

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work and pleasure, the affluent and the indigent, where the entitled and the desperate jostle in the streets. With a foreword and afterword by Will Self, *Nightwalking* is a captivating literary portrait of the writers who explore the city at night and the people they meet. From the Trade Paperback edition.

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